This Guide is the result of the collaborative work of the Early Childhood Professional Development Workgroup of the Young Children's Council, which is led by the Massachusetts Department of Public Health’s project LAUNCH funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) in partnership with the MassAIMH Competency Guidelines® Task Force.
Welcome to the Massachusetts
Infant and Early Childhood Mental Health (IECMH) Professional
Development Resource Guide

Whether you are an educator in an early care and education program or public school, pediatrician, home visitor, social worker, family partner or other professional who works with young children and families, this Guide is intended to connect you with training opportunities that are relevant to the work you do every day to support the health and well-being of children and families in Massachusetts.

The Guide includes more than 100 Infant and Early Childhood Mental Health (IECMH) professional development activities statewide from over 20 agencies. Opportunities for both para-professionals and professionals with a variety of educational backgrounds are included, from trainings for individuals with associates degrees to offerings geared towards advanced-practice clinicians with masters and/or doctoral degrees.

*Please note that IECMH research and practice continue to evolve. Consequently, training opportunities included within the Guide are subject to change based upon the annual calendars, resources, and discretion of individual training entities. For the most updated training offerings, contact the entity directly using the information provided in the Guide.*

**To update or include your agency’s IECMH training information within the Guide, contact Eve Wilder at eve.wilder2@state.ma.us.**

**HOW TO USE THIS GUIDE**

To ensure agencies and professionals can identify trainings which best meet their needs, the Guide’s content is presented in two formats:

- A searchable table within Microsoft Excel and;
- A printable booklet containing one-page briefs per training opportunity.

The following information *(when made available by the training entity)* is included for the professional development opportunities included within both versions of the Guide:

- Training entity and partners
- Content overview and objectives
- Target audience
- Professional development credit
- Tier of Support in the System
- Intensity of training need
- MassAIMH Competency Level
- Location, duration and frequency
- Cost to participate
- Contact information and website
Version 1: Table of IECMH Training Opportunities (Microsoft Excel)

Training opportunities within the table (Excel) version of the Guide are organized by training entity. Because a large number of entities are included in the table, they are categorized by type of organization to facilitate training searches. These categories include: 1) State agency; 2) Non-Profit Health Care Institution and Affiliates; 3) Higher Education and; 4) Non-profit organization.

The left-hand column of the table identifies the training entity. Each row in the table represents an IECMH training opportunity and contains the training information listed on the page 1 of this document (i.e. training content overview; target audience, etc).

Resources are available on www.ecmhmatters.org to assist the user in navigating the Excel table and identifying relevant training opportunities.

Version 2: Electronic Booklet

Professionals can also access a booklet version of the Guide. Within the booklet, each training opportunity is described in a one-page brief. The trainings within the booklet are organized by training entity. A Table of Contents located on pages 9-15 of the booklet can assist the user identify trainings of interest. This version of the guide can be easily printed.

Classifying IECMH Trainings by Intensity of Training Needed and Tiers of Support Services delivered:

As you know, young children and their families often receive services from multiple systems. Within these systems, professionals with a variety of backgrounds and training support children and families across differing degrees of care and intensity of services. This ranges from general promotional strategies to help all children develop social-emotional skills all the way to providing intensive clinical treatment to children with a diagnosed mental health condition.

While these professionals may have different training needs, each plays an important role in supporting young children's social-emotional health. Therefore, the Guide suggests general guidelines around which degree of intensity of training and skills relevant to IECMH individuals might need to support children's social-emotional development within their specific professional settings. These various roles that require differing intensity of training therefore reflect varying intensity of services delivered to children and families; referred to here as Tiers of Support services.
Each training within the Guide is categorized within this "intensity of training need" framework, across promotion, prevention and intervention/treatment tiers or categories of support. Some trainings may fit into more than one category. In the Guide, the degrees of training intensity are organized within a nested model of Tiers of Support. Professionals who provide care at the most intensive end of the range [i.e. treatment for a child diagnosed with a Serious Emotional Disturbance (SED)] are recommended to also be proficient in strategies for promoting healthy social emotional development among all children.

Tiers of Support in service intensity within the Guide include:

- Universal/Promotion
- Preventive Strategies
- Intervention
- Treatment

Classifying Trainings by Infant / Early Childhood Mental Health Professional Competency Guidelines:

The Commonwealth of Massachusetts has joined an alliance of states which have all adopted a common set of Infant and Early Childhood professional Competency Guidelines to promote and support the optimal development of infants, very young children, and families by enhancing workforce development. Made possible by a collaboration across the Department of Public Health and the Department of Early Education and Care, the Massachusetts Association for Infant Mental Health: Birth to Six, Inc. (MassAIMH) has brought these Competency Guidelines to our state with the goal of integrating the competencies into trainings designed to build a more skillful and confident workforce in support of early social, emotional, and behavioral development. MassAIMH Competency Guidelines® inform professional development practices across systems and disciplines.

The MassAIMH Competency Guidelines® are also applied to this Professional Development Resource Guide. This will assist you in locating trainings that can help you fulfill the competencies defined by the four-level Competency Guidelines® system.

The four levels of competency within this system are:

I. Infant Family Associate
II. Infant Family Specialist
III. Infant Mental Health Specialist
IV. Infant Mental Health Mentor (Clinical, Policy, Research/Faculty)

Each level recognizes the educational experiences, specialized in-service training experiences, and work experiences appropriate for best service outcomes for infants, very young children, and families. You can access more information on the competencies expected for each of these levels at www.ecmhmatters and at www.massaimh.org.
ECMH Trainings Classified by:

Intensity of Training and Tiers of Support Services

Please note:

The MassAIMH Competency Guidelines® Levels of professional development are listed to the right of this pyramid of intensifying support services and professional development required.

Disclaimer:

The Early Childhood Mental Health (ECMH) Professional Development Workgroup of the interagency Young Children’s Council and the MassAIMH Competency Guidelines® Task Force has prepared this document as a resource for individuals who work with young children and their families and who are looking to enhance their knowledge and skills around early childhood mental health.

The user is solely responsible for any use of the material within this document. While an effort was made to identify all relevant training opportunities in Massachusetts, this is not an exhaustive or comprehensive list. Furthermore, training opportunities are subject to change based on the discretion of the individual training entities. Please be advised that a training’s inclusion in the ECMH Professional Development Resource Guide does not constitute or imply an endorsement of a particular training model or program by the Professional Development Workgroup or the Massachusetts Department of Public Health. Many of the trainings and training organizations included in this Guide have already included information on their listings that help you find trainings that can assist in fulfilling a Level of the Competency Guidelines®. Not all of the training institutions have yet completed that process. You can access more information about how a specific training helps to fulfill the Competency Guidelines® by visiting individual websites associated with those trainings.
The EMCH Resource Guide Tiers of Support Services

**Universal/Promotion**
Target population: Expectant families and all children B-8, and their families
Scope: All promotion activities
- Families have basic needs met
- Care coordination/Resource and referral
- Family support
- High quality early education & care
- Universal screening; developmental and social-emotional screening in primary care & early education and care programs
- Use of standards-based early childhood curriculum and assessment
- Dissemination of information promotion healthy social emotional development
- Behaviorally based programs in a variety of settings

Examples of professionals practicing in this tier:
- Early Education and Care providers and public school staff
- Parent educators
- Pediatricians & other health care providers
- Midwives, lactation consultants, doulas
- Family support networks
- Family Partners
- Community caregivers (police, librarians, judges)
- State agency staff
- Parents

**Preventive Strategies**
Target population:
- Children B-8 and their families with low-to-moderate risk
- Children B-8 with a behavioral concern or social emotional delay that would require a beginning level intervention (mod. level of risk balanced by protective factors)
Scope: All targeted prevention activities
- Targeted screening & assessment
- Family/caregiver support & family partners
- Care coordination
- Home visitation programs
- Early intervention
- Frequent on-site visits from mental health consultants
- Social emotional curricula & behaviorally-based programs in a variety of settings
Examples of Professionals practicing in this tier:
- Professionals included in the Promotional Tier, as appropriate and relevant to scope of practice
- Home visitors
- Nurses (NICU, Public Health, Case Managers)
- Bachelors level social workers (Child protective service workers)
- Psychologists & mental health therapists
- Special educators and allied health professionals (OT, Speech, PT)
- Family systems

**Intervention (Imminent Risk)**

- Target population: Children B-8 with a moderate behavioral concern or social emotional delay, mental health disturbance or disorder
- Includes presence of multiple risk factors within child/family or environment

Scope:
- Early evaluation & periodic assessments
- Treatment (including in-home)
- Mental health consultants (frequent on-site visits or in-house support)
- Crisis teams
- Wraparound services
- Intensive care coordination
- Relationship-based therapy
- Behaviorally based programs in a variety of settings

Examples of professionals practicing in this Tier:
- Professionals included in Promotion and Prevention Tiers, as appropriate and relevant to scope of practice
- Masters-level professionals or above with expertise in: infant/toddler development, parent-child interactions, psychopathology

**Treatment**

- Target population: Children B-8 with Serious Emotional Disturbance (SED), a major mental health diagnosis, or a crisis-level behavioral concern

Scope:
- Intensive treatment (including in-home treatment)
- Mental health consultants (frequent on-site visits or in-house support)
  - or Crisis teams
- Wraparound services
- Intensive care coordination
- Behaviorally based programs in a variety of settings

Examples of Professionals in this Tier:
- Professionals included in Promotion, Prevention, and Intervention Tiers, as appropriate and relevant to scope of practice
- Relationship-based therapy
- Behaviorally based programs in a variety of settings
Examples of Professionals in this Tier:

- Professionals included in Promotion, Prevention, and Intervention Tiers, as appropriate and relevant to scope of practice
- Psychiatrists, with early childhood experience
- Specialist physicians, with early childhood experience
- Licensed social workers, with early childhood experience
- Licensed mental health clinicians, with early childhood experience
- Licensed clinical psychologists, with early childhood experience
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# Babies Cry, Have a Plan: Train the Trainer

## Training Entity and Partners:
The Children’s Trust of Massachusetts (CT)

## Overview:
This one day training program prepares community professionals to conduct Abusive Head Trauma prevention trainings in their agencies utilizing the All Babies Cry: Tried and True Tips for Comforting Your Newborn and Yourself program.

Abusive Head Trauma (AHT) is the name for injuries to an infant’s brain caused by vigorous shaking. This kind of violent shaking most often happens as a result of a caregiver’s extreme and overwhelming frustration in response to a baby’s incessant crying. The effects of Abusive Head Trauma are devastating for the victims and their families. Very importantly, Abusive Head Trauma can be prevented.

The training provides participants with an understanding of Abusive Head Trauma including its definition, causes, and consequences. Participants will also learn methods of engaging parents and other caregivers in strength-based discussions related to understanding and responding effectively to infant crying and to calming themselves in situations where they may be frustrated or overwhelmed with an infant’s crying. Finally, participants are prepared to deliver a half-day community training module in their agencies and communities. At the end of the training they receive the full community training module including accompanying instructional videos and become part of the Children’s Trust’s network of community AHT trainers.

## Target Audience:
This training is designed for a wide range of family support professionals.

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion

## Certification or Credit Offered:
For professional development credit opportunities, contact The Children’s Trust.

## Location and Duration:
- 3 hour workshop
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

## Cost of Training to Participant:
- For cost information, please contact the Children’s Trust

## Training Website:
http://childrenstrustma.org/training-center/training-topics

## Contact Information:
Meg Manning
meg.manning@massmail.state.ma.us
Training Entity and Partners:
The Children's Trust of Massachusetts (CT)

Overview:
Abusive Head Trauma is the name for injuries to an infant's brain caused by vigorous shaking and/or blunt impact to the head. This kind of violent shaking most often happens as a result of a caregiver's extreme and overwhelming frustration in response to a baby's incessant crying. The effects of Abusive Head Trauma are devastating for the victims and their families. Very importantly, Abusive Head Trauma can be prevented.

This half-day training is designed for a wide range of community professionals who work with families with infants and young children. It will provide participants with an understanding of Abusive Head Trauma including its definition, causes, and consequences. Participants will also learn methods of engaging parents and other caregivers in strength-based discussions related to understanding and responding effectively to infant crying and to calming themselves in situations where they may be frustrated or overwhelmed with an infant's crying.

Target Audience:
This training is designed for a wide range of family support professionals.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion

Certification or Credit Offered:
For professional development credit opportunities, contact The Children's Trust.

Location and Duration:
- 3 hour workshop
- Visit the Children's Trust's training calendar for upcoming workshop locations and dates

Cost of Training to Participant:
- For cost information, please contact the Children's Trust

Training Website:
http://childrentrustma.org/training-center/training-topics

Contact Information:
Meg Manning
meg.manning@massmail.state.ma.us
Healthy Families Massachusetts Training Program

Training Entity and Partners:
The Children’s Trust of Massachusetts (CT)

Overview:
The Children’s Trust’s Family Support Training Center is the training organization for all Healthy Families Massachusetts (HFM) home-based family support and coaching program staff. We offer a comprehensive training series to prepare home visiting staff to work with first time adolescent parents and their babies. The training program consists of a six-day foundational training and eighteen topic trainings that provide HFM staff with the programmatic framework, technical skills, and foundational knowledge necessary to successfully implement the Healthy Families Massachusetts program. The Training Center also offers additional training for home visiting supervisors and ongoing, advanced level training throughout the year.

Target Audience:
This training is designed for a wide range of home visiting staff.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion
- MassAIMH Competency Guidelines for Workforce Development at Levels I-IV

Certification or Credit Offered:
- For professional development credit opportunities, contact The Children’s Trust.

Location and Duration:
- For more information about the Healthy Families Massachusetts training program, please contact the Healthy Families Massachusetts Training Center

Cost of Training to Participant:
- For more information about the Healthy Families Massachusetts training program, please contact the Healthy Families Massachusetts Training Center

Training Website:
http://childrenstrustma.org/training-center/training-topics
**Training Entity and Partners:**
The Children’s Trust of Massachusetts (CT)

**Overview:**
The strongest group facilitators are prepared, organized and ready for anything that may come their way; from comforting upset participants, to problem-solving transportation challenges to no electricity in the room. However, becoming a skilled facilitator means moving out of your comfort zone. This interactive workshop provides participants with competency-based strategies and tools that when practiced and applied, will help them shape and guide groups to be effective and rewarding. Incorporating research and the best practices from the field of family support, participants will identify their strengths and areas of growth as they develop skills that can be used in facilitating parent groups and professional meetings.

**Target Audience:**
This training is designed for a wide range of family support professionals.

**Tiers of Support/Level of Training Intensity:**
- Universal/Promotion

**Certification or Credit Offered:**
For professional development credit opportunities, contact The Children’s Trust.

**Location and Duration:**
- 6 hour workshop
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

**Cost of Training to Participant:**
- For cost information, please contact the Children’s Trust

**Training Website:**
http://childrenstrustma.org/training-center/training-topics

**Contact Information:**
Meg Manning
meg.manning@massmail.state.ma.us
## Training Entity and Partners:
The Children’s Trust of Massachusetts (CT)

## Overview:
This workshop provides family support and early education and care professionals with the information to understand, recognize and respond effectively to situations in which children may be at risk for abuse and neglect. It will provide an understanding of the different forms of child maltreatment and its impact on children. A major emphasis of the workshop is to identify ways that family support and early education and care programs and staff can support the development of protective factors in families that are effective in preventing child abuse and neglect as well as enhancing the optimal development of children. The different forms of child maltreatment (neglect, physical abuse, emotional abuse, and sexual abuse) are described and participants explore ways to enhance the safety of children while supporting families when these situations exist. Finally, participants explore their roles as mandated reporters. A special emphasis is placed on how to remain connected and supportive to families in situations where a referral to protective services is necessary.

## Target Audience:
This training is designed for a wide range of family support professionals.

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion

## Certification or Credit Offered:
For professional development credit opportunities, contact The Children’s Trust.

## Location and Duration:
- 6 hour workshop
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

## Cost of Training to Participant:
- For cost information, please contact the Children’s Trust

## Training Website:
http://childrenstrustma.org/training-center/training-topics

## Contact Information:
Meg Manning
meg.manning@massmail.state.ma.us
## First Connections: The Importance of Attachment and Nurturing

### Training Entity and Partners:
The Children's Trust of Massachusetts (CT)

### Overview:
Attachment is a deep enduring relationship between caregivers and children that starts at birth and shapes all future development. Helping parents understand this bond and supporting the development of attachment with their children is a critical job of family support professionals. In this workshop participants will learn why attachment is important, how it shapes development, and styles of attachment. Developing and sharing activities to promote attachment in infants and toddlers will be discussed.

### Target Audience:
This training is designed for a wide range of family support professionals.

### Tiers of Support/Level of Training Intensity:
- Universal/Promotion

### Certification or Credit Offered:
For professional development credit opportunities, contact The Children’s Trust.

### Location and Duration:
- 3 hour workshop
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

### Cost of Training to Participant:
- For cost information, please contact the Children’s Trust

### Training Website:
http://childrenstrustma.org/training-center/training-topics
Getting Grounded in Supervisory Practice

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<th>Training Entity and Partners:</th>
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<td>The Children’s Trust of Massachusetts (CT)</td>
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**Overview:**

This two-day workshop provides a forum for newer supervisors to reflect on their early supervisory experience and ground themselves in principles and practices of effective supervision. The primary purpose is to provide participants with a sound framework for the provision of family support supervision from a strength-based perspective. Topics will include: Changing roles, job tasks and sources of job satisfaction, the supervisor’s new “place” within the organization, four organizing supervisory roles, structuring supervisory sessions, supporting worker job performance through ongoing supervision and performance evaluation, key elements of the supervisor/family support worker relationship and incorporating strength-based and solution-focused principles into supervisory practice.

**Target Audience:**

This training is designed for a wide range of family support professionals.

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<thead>
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<td>- Universal/Promotion</td>
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</table>

**Certification or Credit Offered:**

For professional development credit opportunities, contact The Children’s Trust.

**Location and Duration:**

- 12 hour workshop
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

**Cost of Training to Participant:**

- For cost information, please contact the Children’s Trust

**Training Website:**

http://childrenstrustma.org/training-center/training-topics
# How to Incorporate Spirituality into Family Support Practice

<table>
<thead>
<tr>
<th><strong>Training Entity and Partners:</strong></th>
<th><strong>Tiers of Support/Level of Training Intensity:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>The Children’s Trust of Massachusetts (CT)</td>
<td>• Universal/Promotion</td>
</tr>
</tbody>
</table>

**Overview:**

Savvy family support providers use all the ethical tools at our disposal. However, many of us neglect the powerful motivation that a parent’s religious or spiritual beliefs can provide to encourage successful parenting. This is sometimes due to misunderstanding legal and ethical concerns or because we are uncomfortable with the topic. This workshop explains how to speak with an adult family member about his or her faith in a way that is culturally competent; the workshop also examines how to leverage a client’s beliefs to improve parenting and provides tips for partnering with faith-based organizations to support parents.

**Target Audience:**

This training is designed for a wide range of family support professionals.

**Certification or Credit Offered:**

For professional development credit opportunities, contact The Children’s Trust.

**Location and Duration:**

- 6 hour workshop
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

**Cost of Training to Participant:**

- For cost information, please contact the Children’s Trust

**Training Website:**

http://childrenstrustma.org/training-center/training-topics
Training Entity and Partners:
The Children's Trust of Massachusetts (CT)

Overview:
This is an exciting time in the world of early brain research and development. This workshop looks at some of this important research in the field of infant and toddler development. Different developmental systems will be explored, with an emphasis on attachment and the impact early caregivers have on early and later development. Trainees will share strategies on how family support professionals can use an understanding of child development to build protective factors and strengthen families with the youngest children.

Target Audience:
This training is designed for a wide range of family support professionals.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion

Certification or Credit Offered:
For professional development credit opportunities, contact The Children's Trust.

Location and Duration:
- 3 hour workshop
- Visit the Children's Trust's training calendar for upcoming workshop locations and dates

Cost of Training to Participant:
- For cost information, please contact the Children's Trust

Training Website:
http://childrenstrustma.org/training-center/training-topics
### Training Entity and Partners:
The Children’s Trust of Massachusetts (CT)

### Overview:
Family support professionals cope with a number of challenges every day. This workshop examines the critical need for staff to take care of themselves, not only to protect their own physical and psychological health, but to also better serve families who themselves face challenges and stress. Types of stress and stress reduction techniques will be examined, as well as ways to create a supportive environment to help families and staff reduce stress, especially during times of transition. The concept of mindfulness will be introduced and self care resources will be shared for trainees to use after the workshop.

### Target Audience:
This training is designed for a wide range of family support professionals.

### Tiers of Support/Level of Training Intensity:
- Universal/Promotion

### Certification or Credit Offered:
For professional development credit opportunities, contact The Children’s Trust.

### Location and Duration:
- 3 hour workshop
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

### Cost of Training to Participant:
- For cost information, please contact the Children’s Trust

### Training Website:
http://childrenstrustma.org/training-center/training-topics
**Training Entity and Partners:**
The Children’s Trust of Massachusetts (CT)

**Overview:**
This training is designed for those working with children and families who have experience traumatic stress. It draws on current research about trauma and its impact on the development and life experience adults and children. Best practices that support effective trauma-informed practice, programmatic, and policy approaches are explored. An appreciation for how diversity impacts how a person gives meaning to traumatic events as well as coping strategies that can be called on are discussed. The importance of cultural competence in providing trauma-informed services is emphasized. Finally, the potential impact of working with families impacted by trauma on helping persons is explored. The concepts of vicarious trauma and compassion fatigue are explained and participants are encouraged to work toward positive outcomes identified with the terms vicarious resilience and compassion satisfaction.

**Target Audience:**
This training is designed for a wide range of family support professionals.

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<th>Tiers of Support/Level of Training Intensity:</th>
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<tr>
<td>- Universal/Promotion</td>
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**Certification or Credit Offered:**
For professional development credit opportunities, contact The Children’s Trust.

**Location and Duration:**
- 6 hour workshop
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

**Cost of Training to Participant:**
- For cost information, please contact the Children’s Trust

**Training Website:**
http://childrenstrustma.org/training-center/training-topics
Engaging Dads

Training Entity and Partners:
The Children’s Trust of Massachusetts (CT)

Overview:
Research indicates an involved, responsible father significantly benefits a child’s social, emotional, academic and financial well-being, including children with special needs. Yet some family support practitioners focus solely on mother and baby, even when father can be engaged in services. This workshop explores attitudes and behaviors that may discourage fathers from fully engaging in services. Participants will understand why more dads are not involved, discuss benefits of engaging fathers and learn strategies to connect men with their families.

Target Audience:
This training is designed for a wide range of family support professionals.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion

Certification or Credit Offered:
For professional development credit opportunities, contact The Children’s Trust.

Location and Duration:
- 3 hour workshop
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

Cost of Training to Participant:
- For cost information, please contact the Children’s Trust

Training Website:
http://childrenstrustma.org/training-center/training-topics
Parenting as Partners

Training Entity and Partners:
The Children’s Trust of Massachusetts (CT)

Overview:
Children do better in homes where parents work together. This workshop explores tools that strengthen cooperation between parents whether they are in a romantic or strictly shared parenting relationship. Using interactive exercises, participants will gain confidence to help parents build communication skills. Attendees will learn techniques that motivate parents to work together. Participants will also increase their awareness of how controlling behavior undermines these opportunities. Handouts that can be used with families will be distributed.

Target Audience:
This training is designed for a wide range of family support professionals.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion

Certification or Credit Offered:
For professional development credit opportunities, contact The Children’s Trust.

Location and Duration:
- 3 hour workshop
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

Cost of Training to Participant:
- For cost information, please contact the Children’s Trust

Training Website:
http://childrenstrustma.org/training-center/training-topics
### Training Entity and Partners:
The Children’s Trust of Massachusetts (CT)

### Overview:
The Strengthening Families framework is an evidence-based approach that identifies five protective factors that, when present and robust in families, help prevent child abuse and neglect as well as support optimal healthy growth and development in children. Participants in this interactive train-the-trainer workshop will gain in-depth knowledge of the Strengthening Families protective factors and the seven key strategies that support this framework.

### Target Audience:
This training is designed for a wide range of family support professionals.

### Tiers of Support/Level of Training Intensity:
- Universal/Promotion

### Certification or Credit Offered:
For professional development credit opportunities, contact The Children’s Trust.

### Location and Duration:
- 4 hour workshop
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

### Cost of Training to Participant:
- For cost information, please contact the Children’s Trust

### Training Website:
http://childrenstrustma.org/training-center/training-topics
## Strengthening Families: An Effective Approach in Supporting Families

<table>
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<tr>
<th><strong>Training Entity and Partners:</strong></th>
<th><strong>Tiers of Support/Level of Training Intensity:</strong></th>
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<tbody>
<tr>
<td>The Children’s Trust of Massachusetts (CT)</td>
<td>- Universal/Promotion</td>
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</table>

### Overview:

The Protective Factors provide both a framework and an interrelated approach to serving families well, and to reducing incidences of child abuse and neglect. This workshop is considered a “101” or basic training for those who are not familiar with the Protective Factors framework. Participants in this course will understand the Protective Factors framework and the Seven Key Strategies that support presence of Protective Factors. All participants will understand how the Strengthening Families Framework supports the healthy emotional development of children and also prevents incidences of child maltreatment.

### Target Audience:

This training is designed for a wide range of family support professionals.

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<thead>
<tr>
<th><strong>Certification or Credit Offered:</strong></th>
<th><strong>Location and Duration:</strong></th>
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</table>
| For professional development credit opportunities, contact The Children’s Trust. | - 3 hour workshop  
- Varies. Held regionally across the state. |

### Cost of Training to Participant:

- For cost information, please contact the Children’s Trust

### Training Website:

http://childrenstrustma.org/training-center/training-topics
### Training Entity and Partners:
The Children’s Trust of Massachusetts (CT)

### Overview:
IMPORTANT NOTE: This full day training will prepare participants to deliver the Strengthening Families: An Effective Approach to Supporting Families (SF101) module in their communities and will provide them with the knowledge and materials to plan and host local Parent Cafe activities.

The Strengthening Families framework is an evidence-based approach that identifies five protective factors that, when present and robust in families, help prevent child abuse and neglect as well as support optimal healthy growth and development in children.

### Target Audience:
This training is designed for a wide range of family support professionals.

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<th>Tiers of Support/Level of Training Intensity:</th>
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<tr>
<td>• Universal/Promotion</td>
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</tbody>
</table>

### Certification or Credit Offered:
For professional development credit opportunities, contact The Children’s Trust.

### Location and Duration:
• 6 hour workshop
• Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

### Cost of Training to Participant:
• For cost information, please contact the Children’s Trust

### Training Website:
http://childrenstrustma.org/training-center/training-topics

### Contact Information:
Meg Manning
meg.manning@massmail.state.ma.us
Training Entity and Partners:
The Children’s Trust of Massachusetts (CT)

Overview:
The protective factors provide both a framework and an interrelated approach to serving families and reducing incidences of child abuse and neglect. The first part of this training will focus on providing information and knowledge for those who are not familiar with the Strengthening Families protective factors. Participants will understand the Strengthening Families protective factors and the seven key strategies that support the presence of protective factors.

In the second part, participants will learn about the Parent Cafe model as a tool for parent engagement. Parent Cafes are being used across the country as effective vehicles for engaging parents, families, and communities in conversations that matter. Many states, like Massachusetts, who are implementing the Strengthening Families framework, use Parent Cafes to engage parents and families in discussions on how to support the development of the five strengthening families’ protective factors that make their families strong. Parent Cafes are fun, engaging, inclusive and culturally inclusive. They also provide a wonderful opportunity to hear parent and family voices and develop parent and family leadership in organizations and communities. Participants will be prepared to host and support delivery of Parent Cafe activities.

Target Audience:
This training is designed for a wide range of family support professionals.

Tiers of Support/Level of Training Intensity:
• Universal/Promotion

Certification or Credit Offered:
For professional development credit opportunities, contact The Children’s Trust.

Location and Duration:
• 6 hour workshop
• Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

Cost of Training to Participant:
• For cost information, please contact the Children’s Trust

Training Website:
http://childrenstrustma.org/training-center/training-topics
Parent Cafes: Engaging Parents in Conversations that Matter

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**Overview:**

Parent Cafes are being used across the country as effective vehicles for engaging parents, families, and communities in conversations that matter. Many states, like Massachusetts, who are implementing the Strengthening Families framework, use Parent Cafes to engage parents and families in discussions on how to support the development of the five strengthening families’ protective factors that make their families strong. Parent Cafes are fun, engaging, inclusive and culturally inclusive. They also provide a wonderful opportunity to hear parent and family voices and develop parent and family leadership in organizations and communities. Participants in this workshop will be prepared to host and support delivery of Parent Cafe activities.

**Target Audience:**

This training is designed for a wide range of family support professionals.

**Certification or Credit Offered:**

For professional development credit opportunities, contact The Children’s Trust.

**Location and Duration:**

• 3 hour workshop
• Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

**Cost of Training to Participant:**

• For cost information, please contact the Children’s Trust

**Training Website:**

http://childrenstrustma.org/training-center/training-topics
<table>
<thead>
<tr>
<th>Training Entity and Partners:</th>
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</thead>
<tbody>
<tr>
<td>The Children’s Trust of Massachusetts (CT)</td>
<td>• Universal/Promotion</td>
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</table>

**Overview:**

Training Audience: Professionals who have attended a Strengthening Families Protective Factors training or who have a basic understanding of the framework.

**Target Audience:**

This training is designed for a wide range of family support professionals.

In 2012 the National Alliance of Children’s Trust and Prevention Funds adapted their popular online training: *Bringing the Protective Factors Framework to Life in Your Work* to a face to face training. This training provides in-depth knowledge and resources for building each of the five protective factors with families in a variety of settings (*Parental Resilience, Social Connections, Concrete Supports in Times of Need, Knowledge of Parenting and Child Development and Social Emotional Development of Children*).
### Statewide Networking Opportunities: SEL Connects

<table>
<thead>
<tr>
<th><strong>Training Entity and Partners:</strong></th>
<th><strong>Tiers of Support/Level of Training Intensity:</strong></th>
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</thead>
<tbody>
<tr>
<td>The Children’s Trust of Massachusetts (CT)</td>
<td>- Universal/Promotion</td>
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</table>

#### Overview:
These quarterly networking meetings bring together family support workers, early educators, and other professionals who work with families of young children to peer share, network, and learn together about social and emotional learning and early development. A particular focus will be on exploring how to support parents and caregivers in their important role facilitating early SEL. Each network meeting will include an expert presentation on innovations in the field, opportunities for peer sharing around best practices, and networking among SEL professionals. Participation in SEL Connects will help participants develop the skills and expertise needed to support early social and emotional competence in children and connect to the broader SEL landscape across Massachusetts.

#### Target Audience:
This training is designed for a wide range of family support professionals.

#### Certification or Credit Offered:
For professional development credit opportunities, contact The Children’s Trust.

#### Location and Duration:
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

#### Cost of Training to Participant:
- For cost information, please contact the Children’s Trust

#### Training Website:
http://childrenstrustma.org/training-center/training-topics
**Training Entity and Partners:**  
The Children’s Trust of Massachusetts (CT)

**Overview:**  
The Fathers & Family Network (FFN) is a statewide networking and training group for professionals who work with fathers. The group helps professionals enhance skills, learn new strategies for engaging fathers, and coordinate services across the state.

**Target Audience:**  
This training is designed for a wide range of family support professionals.

**Tiers of Support/Level of Training Intensity:**  
- Universal/Promotion

**Certification or Credit Offered:**  
For professional development credit opportunities, contact The Children’s Trust.

**Location and Duration:**  
- Visit the Children’s Trust’s training calendar for upcoming workshop locations and dates

**Cost of Training to Participant:**  
- For cost information, please contact the Children’s Trust

**Training Website:**  
http://childrenstrustma.org/training-center/training-topics
### CCED101 - Behavior Management in Child Care

<table>
<thead>
<tr>
<th>Training Entity and Partners:</th>
<th>Tiers of Support/Level of Training Intensity:</th>
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</thead>
<tbody>
<tr>
<td>Southeast Education Professionals</td>
<td>• Universal/Promotion</td>
</tr>
<tr>
<td><strong>EEC EPS Grantee</strong></td>
<td></td>
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**Overview:**

This course provides the student with an introduction to principles involved in child care behavior management. Behavior management topics are approached as they relate to child care settings. Positive interactions between adults and children are emphasized as effective learning environments for young children. The influence of family, peers, community, and culture on children’s behavior is explored. Prerequisites: ENGL 092 Preparing for College Reading II and ENGL 099 Introductory Writing; waiver by placement testing results; or departmental approval.

**Target Audience:**

Early care and education students and professionals.

<table>
<thead>
<tr>
<th>Certification or Credit Offered:</th>
<th>Cost of Training to Participant:</th>
</tr>
</thead>
<tbody>
<tr>
<td>College Credit given (3.00)</td>
<td>$50 course fee</td>
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</table>

**Training Website:**

www.cedu.us/SEEPP

**Contact Information:**

508-369-3673
seepp@cedu.us
Top of the Pyramid Skills (TOP)

Training Entity and Partners:
Southeast Education Professionals
EEC EPS Grantee

Overview:
The Top of the Pyramid Skills (TOPS) training is a 16-hour professional development experience including 12 hours of training time, and 4 hours of field experience exercises. This course covers the best practice use of the Pyramid Model Approach (CSEFEL) to Positive Behavior Support as an intensive intervention to address challenging behavior in young children.

Target Audience:
Early care and education students and professionals.

Tiers of Support/Level of Training Intensity:
• Universal/Promotion

Certification or Credit Offered:
CEUs given (1.50)

Cost of Training to Participant:
$35.00 course fee

Training Website:
www.cdedu.us/SEEPP

Contact Information:
508-369-3673
seepp@cdedu.us
### Using Positive Guidance in Early Education Settings

<table>
<thead>
<tr>
<th>Training Entity and Partners:</th>
<th>Tiers of Support/Level of Training Intensity:</th>
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<tbody>
<tr>
<td>Southeast Education Professionals</td>
<td>• Universal/Promotion --&gt; Prevention</td>
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<tr>
<td>EEC EPS Grantee</td>
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</table>

**Overview:**

This course will discuss the benefits of using Positive Guidance to build nurturing relationships with young children and support positive classroom management. The course will discuss how a child's temperament and the educator's teaching style might affect the young child's experiences in an early education setting, and how to develop positive, nurturing relationships with young children.

**Target Audience:**

Early care and education students and professionals.

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<tr>
<th>Certification or Credit Offered:</th>
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<tr>
<td>CEUs given (0.50)</td>
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**Cost of Training to Participant:**

$15.00 course fee

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<tr>
<th>Training Website:</th>
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<tr>
<td><a href="http://www.cdedu.us/SEEPP">www.cdedu.us/SEEPP</a></td>
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<th>Contact Information:</th>
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<tr>
<td>508-369-3673</td>
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<tr>
<td><a href="mailto:seepp@cdedu.us">seepp@cdedu.us</a></td>
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<tr>
<td>Training Entity and Partners:</td>
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<tr>
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<tr>
<td>ABCD, Inc.</td>
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<tr>
<td>EEC EPS Grantee</td>
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**Overview:**

This course focuses on teachers attitudes and effective communication in guiding behavior. Emphasis is placed on techniques which help children build positive self concepts and individual strengths within the context of appropriate limits and discipline. The course will customize and meet the specific needs of infant-toddler and/or preschool settings.

**Target Audience:**

Early Intervention practitioners, early childhood and child care providers, and parents.

**Certification or Credit Offered:**

College Credit given (3.00)

**Cost of Training to Participant:**

$50 course fee

**Training Website:**

http://region6eps.bostonabcd.org/

**Contact Information:**

617-348-6314
kristina.mason@bostonabcd.org
# Foundations of CSEFEL

## Training Entity and Partners:
ABCD, Inc.

### EEC EPS Grantee

### Overview:

The course of study is designed to introduce participants to each level of the CSEFEL Pyramid Model through didactic instruction, experiential activities, and the utilization of CSEFEL materials across the age-range of birth through five years. The CSEFEL course will include a set of materials designed to be used by trainers, including PowerPoint presentations, master copies of handouts, and a training script. Each participant will receive a binder of materials including but not limited to printouts of PowerPoint presentations, worksheets, and listings of references and additional resources.

### Target Audience:

Early care and education students and professionals.

## Tiers of Support/Level of Training Intensity:

- Universal/Promotion --> Prevention

## Certification or Credit Offered:

CEUs given (0.50)

## Cost of Training to Participant:

$15.00

## Training Website:

http://region6eps.bostonabcd.org/

## Contact Information:

617-348-6294

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## Using the Pyramid Model in the Classroom

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<th>Training Entity and Partners:</th>
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<tr>
<td>ABCD, Inc.</td>
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<td><strong>EEC EPS Grantee</strong></td>
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**Overview:**

This 6-hour, .5 CEU training is focused on translating the CSEFEL Pyramid Model to real-life early childhood classroom practices. Designed to expand on themes from the Foundations of the CSEFEL Pyramid Model course, this training focuses on the classroom environment. The promotion of positive behavior and prevention of challenging behavior will be examined through design of the physical classroom (i.e. classroom set-up, traffic patterns, and materials), as well as the important role of schedules, rules, and routines.

**Target Audience:**

Early care and education students and professionals.

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<th>Tiers of Support/Level of Training Intensity:</th>
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<tr>
<td>- Universal/Promotion --&gt; Prevention</td>
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**Certification or Credit Offered:**

CEUs given (0.50)

**Cost of Training to Participant:**

$15.00

**Training Website:**

http://region6eps.bostonabcd.org/

**Contact Information:**

617-348-6294
ECE 107- Understanding and Guiding Children's Behavior

Training Entity and Partners:
Preschool Enrichment Team, Inc.
EEC EPS Grantee

Overview:
A course designed to assist students in acquiring insight into young children's behavior. Students consider developmental issues, individual needs and styles, and group dynamics with young children. Course content focuses on appropriate ways to meet children's needs and effective strategies for identifying and intervening in problem behavior. Prerequisite: ECE 101 or equivalent (i.e. Child Growth and Development or Child Development and Behavior Class) Recommendation ECE 104 – Introduction to Early Childhood Education

Target Audience:
Early Intervention practitioners, early childhood and child care providers, and parents.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

Certification or Credit Offered:
College Credit given (3.00)

Cost of Training to Participant:
$50 course fee

Training Website:
http://www.preschoolenrichmentteam.org

Contact Information:
413-736-3900 x220
Training Entity and Partners:
Preschool Enrichment Team, Inc.

EEC EPS Grantee

Overview:
Examines the etiology and clinical characteristics of behavioral disorders in infancy through adolescence, including emotional disturbances, anxiety, and conduct disorders, intellectual disability and learning disabilities. Emphasis on theoretical perspectives, research, assessment, early intervention, and prevention.

Target Audience:
Early Intervention practitioners, early childhood and child care providers, and parents.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

Certification or Credit Offered:
College Credit given (3.00)

Cost of Training to Participant:
$50.00 (Preschool Enrichment Team fee policy is to ensure commitment of participation in course registered for. A $25.00 registration fee will be charged for a 0.5 CEU training, $40.00 for a 1 CEU training, $45.00 for a 1.5 CEU training and $50.00 for 2 CEUs and above. Funds will be used to support additional professional development offerings)

Training Website:
http://www.preschoolenrichmentteam.org

Contact Information:
413-736-3900 x220
**Understanding and Supporting Young Children Impacted by Trauma**

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<tr>
<th>Training Entity and Partners:</th>
<th>Tiers of Support/Level of Training Intensity:</th>
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<tr>
<td>Preschool Enrichment Team, Inc.</td>
<td>- Universal/Promotion --&gt; Prevention</td>
</tr>
<tr>
<td><strong>EEC EPS Grantee</strong></td>
<td><strong>Certification or Credit Offered:</strong></td>
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<tr>
<td><strong>Overview:</strong></td>
<td>CEUs given (0.50)</td>
</tr>
<tr>
<td>Learn about risk and resilience in young children and their families, including approaches and strategies. Content includes: impact of trauma on young children, child development and on attachment relationships; strategies and guiding principles for supporting young children who have experienced trauma; sources of support and appropriate referrals; and self-care. The training also includes a parent speaker (or video tape) who shares her own trauma history and how it affected her experience as a parent. Pre-requisites: None  QRIS Alignment: Family and Community Engagement</td>
<td><strong>Cost of Training to Participant:</strong></td>
</tr>
<tr>
<td><strong>Target Audience:</strong></td>
<td>$25.00 (Preschool Enrichment Team fee policy is to ensure commitment of participation in course registered for. A $25.00 registration fee will be charged for a 0.5 CEU training, $40.00 for a 1 CEU training, $45.00 for a 1.5 CEU training and $50.00 for 2 CEUs and above. Funds will be used to support additional professional development offerings.)</td>
</tr>
<tr>
<td>Early Intervention practitioners, early childhood and child care providers, and parents.</td>
<td><strong>Training Website:</strong></td>
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<tr>
<td></td>
<td><a href="http://www.preschoolenrichmentteam.org">http://www.preschoolenrichmentteam.org</a></td>
</tr>
</tbody>
</table>

**Contact Information:**

413-736-3900 x221
Training Entity and Partners:
North Shore Community College

EEC EPS Grantee

Overview:
Students will learn to: discuss the role of the day care educator as a member of an interdisciplinary team in identifying, planning for, and working with at-risk infants and toddlers; use observational methods of assessment; recognize the characteristics of infants and toddlers at-risk for intellectual deviations, sensory and communication impairments, physical disabilities, and emotional behavioral disorders; discuss the impact on the family and describe ways of interacting with and supporting parents. This course aligns with QRIS Standard 1: Curriculum and Learning, 2: Safe, Healthy Indoor and Outdoor Environments, and 4: Family and Community Engagement.

Target Audience:
Early Intervention practitioners, early childhood and child care providers, and parents.

Tiers of Support/Level of Training Intensity:
• Universal/Promotion --> Prevention

Certification or Credit Offered:
College Credit given (3.00)

Cost of Training to Participant:
• Free (Participants responsible for purchase of required textbooks)

Training Website:
http://r3p.northshore.edu

Contact Information:
781-593-6722
**Training Entity and Partners:**
North Shore Community College

**EEC EPS Grantee**

**Overview:**
Positive guidance techniques for young children in educational and childcare settings will be examined. Class topics include theories of child development, current trends and research in child guidance, and standards and practices of early childhood education. Effective strategies for handling difficult behaviors, attention problems, challenging behaviors, and group classroom management are discussed. This course is part of the Emerging Leaders. MA QRIS Standard(s): 2. Safe, Healthy Indoor and Outdoor Environments

**Target Audience:**
Early care and education students and professionals.

**Tiers of Support/Level of Training Intensity:**
- Universal/Promotion --> Prevention

**Certification or Credit Offered:**
College Credit given (3.00)

**Cost of Training to Participant:**
$100 course fee

**Training Website:**
http://r3p.northshore.edu

**Contact Information:**
781-593-6722
<table>
<thead>
<tr>
<th>Training Entity and Partners:</th>
<th>Tiers of Support/Level of Training Intensity:</th>
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<tbody>
<tr>
<td>North Shore Community College</td>
<td>• Universal/Promotion --&gt; Prevention</td>
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<tr>
<td>EEC EPS Grantee</td>
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**Overview:**

This course examines risk factors that affect development during childhood (Birth to age 8) as well as effective interventions that can support children and families in the early years. Specifically, the impact of risk factors including socioeconomic status (SES), access (to quality early education or health care), parental characteristics (eg., education, stress, parenting style) and child characteristics (eg., behavior, resiliency) on child development, as well as the interaction between and among these factors will be explored. This course will also address effective intervention strategies for fostering positive development among children considered at-risk. Includes 15 hours field experience.

**Target Audience:**

Early care and education students and professionals.

**Certification or Credit Offered:**

College Credit given (3.00)

**Cost of Training to Participant:**

Free (Participants will be responsible for the purchase of the required textbooks)

**Training Website:**

http://r3p.northshore.edu

**Contact Information:**

781-593-6722
# Foundations for Promoting Positive Behavior

## Training Entity and Partners:
North Shore Community College

**EEC EPS Grantee**

**Overview:**
Supporting each child's social and emotional development is the foundation for all future development (Michigan Dept. of Community Health, 2003). Educators can support each child's social and emotional development by building positive relationships with each child, designing supportive environments and incorporating social and emotional teaching strategies into their work with children. This support not only enhances development, it helps to prevent challenging behavior. This course aligns with QRIS Standard 1: Curriculum and Learning; 2: Safe, healthy indoor and outdoor environments; 3: Workforce Qualifications and Professional Development; 4: Family and Community Engagement

## Target Audience:
Early care and education students and professionals.

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion

## Certification or Credit Offered:
CEUs given (0.50)

## Cost of Training to Participant:
Free

## Training Website:
http://r3p.northshore.edu

## Contact Information:
781-593-6722
Social Emotional Development - Supporting Children with Challenging Behaviors

Training Entity and Partners:
North Shore Community College
EEC EPS Grantee

Overview:
This two part workshop will provide participants with strategies and resources to help all children including those with diagnosed and undiagnosed disabilities, to achieve positive outcomes. Presenters will provide a framework using the three early childhood outcomes from the Early Childhood Outcomes Center (positive social emotional skills, acquisition and use of knowledge and skills and use of appropriate behaviors to meet needs) as a basis for understanding different facets of children’s learning and to inform practices. This course aligns with QRIS Standard 1: Curriculum and Learning; 2: Safe, healthy indoor and outdoor environments; 3: Workforce Qualifications and Professional Development; 4: Family and Community Engagement.

Target Audience:
Early care and education students and professionals.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

Certification or Credit Offered:
CEUs given (1.00)

Cost of Training to Participant:
Free

Training Website:
http://r3p.northshore.edu

Contact Information:
781-593-6722
## Supporting Trauma Survivors and Students with Social-Emotional Challenges

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<tr>
<th>Training Entity and Partners:</th>
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<tr>
<td>North Shore Community College</td>
<td>- Universal/Promotion</td>
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<tr>
<td>EEC EPS Grantee</td>
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</table>

### Overview:

Learn about including and supporting children who have experienced trauma, abuse, or homelessness. Build awareness and form a deeper understanding of how to overcome common challenges that survivors of trauma, abuse, and homelessness experience. Consider cultural perspectives and how to dialog about difficult issues. Learn to create a shift in program culture to welcome and support children who have survived trauma, abuse, or homelessness. Troubleshoot barriers and challenges. Build and implement a workplan to improve inclusion in your program! Meets QRIS requirements for special education and meeting the needs of children with disabilities in standards 3b.2.2 and 3a.4.2 (OST).

### Target Audience:

Early care and education students and professionals.

### Tiers of Support/Level of Training Intensity:

- Universal/Promotion

### Certification or Credit Offered:

CEUs given (0.50)

### Location and Duration:

- Online

### Cost of Training to Participant:

Free

### Training Website:

http://r3p.northshore.edu

### Contact Information:

781-593-6722
### Teaching Young Children Who Experience Trauma

<table>
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<tr>
<th>Training Entity and Partners:</th>
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<tr>
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<td>• Universal/Promotion --&gt; Prevention</td>
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<tr>
<td><strong>EEC EPS Grantee</strong></td>
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<tr>
<td><strong>Overview:</strong></td>
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<tr>
<td>This course will provide an overview of different types of trauma's that young children may be exposed to and their potential negative impact on the development of young children. The topics include understanding the difference between short and long-term trauma, cultural factors, current systems in place, parent outreach/support, trauma affected behavioral issues, professional boundaries and educator self-care. MA QRIS Standard(s): 1- Curriculum and Learning, 2. Safe, Healthy Indoor and Outdoor Environments</td>
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<tr>
<td><strong>Target Audience:</strong></td>
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<tr>
<td>Early care and education students and professionals.</td>
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<td><strong>Certification or Credit Offered:</strong></td>
<td>College Credit given (3.00)</td>
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<td><strong>Location and Duration:</strong></td>
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<td>• TBD</td>
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<td><strong>Cost of Training to Participant:</strong></td>
<td>Free</td>
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<tr>
<td><strong>Training Website:</strong></td>
<td><a href="http://r3p.northshore.edu">http://r3p.northshore.edu</a></td>
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<tr>
<td><strong>Contact Information:</strong></td>
<td>781-593-6722</td>
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</table>
Promoting Healthy Relationships and Communication in Out-of-School Time Programs

Training Entity and Partners:
Center for Childcare Careers, Family Services of Massachusetts

EEC EPS Grantee

Overview:
Children who have strong social skills benefit in many ways, including improved academic performance, school attendance and strong relationships with peers and adults. Out-of-School Time programs can support children in building social-emotional skills that result in positive relationships with others. During this training, participants will review the MA Core Competency for Guiding Youth in Out-of-School Time Programs and identify techniques to support the development of positive relationships with peers and adults. We will also discuss ways to address and prevent bullying in our programs. Note: this training is designed for those who work in school-aged programs.

Target Audience:
Early care and education students and professionals.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

Certification or Credit Offered:
CEUs given (0.50)

Cost of Training to Participant:
$25.00

Training Website:
www.ccfscm.org

Contact Information:
508-757-1503 x211
## Promoting Positive Behavior

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<tr>
<th>Training Entity and Partners:</th>
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<tr>
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<td>• Universal/Promotion</td>
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<td><strong>EEC EPS Grantee</strong></td>
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<tr>
<td><strong>Overview:</strong></td>
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<tr>
<td>Learn foundations of child development and understand the causes behind difficult behavior. Explore tools for positive and beneficial communications, interactions, and relationships. Learn to build a positive peer culture and create and implement a positive behavior management system. Motivate positive behavior in children exhibiting challenging behaviors. Learn concrete tools to promote positive behavior and positive communications. Learn about conflict resolution and mediation techniques. This training course is experiential with many opportunities to observe and practice new skills.</td>
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<td><strong>Target Audience:</strong></td>
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<td>CEUs given (0.50)</td>
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<th>Cost of Training to Participant:</th>
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<td>508-757-1503 x211</td>
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## Social and Emotional Foundations for Learning

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<th>Training Entity and Partners:</th>
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<tr>
<td>Center for Childcare Careers, Family Services of Massachusetts</td>
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<tr>
<td><strong>EEC EPS Grantee</strong></td>
<td><strong>Certification or Credit Offered:</strong></td>
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<tr>
<td><strong>Overview:</strong></td>
<td>CEUs given (0.50)</td>
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<tr>
<td>This training introduces the basic concepts, vocabulary and issues related to the social and emotional development of children. Based on a combination of current research in child development and a model from the Center on the Social and Emotional Foundations for Early Learning, the focus of this course will cover the following three main topics: Nurturing and Responsive Relationships, High Quality Supportive Environments and Targeted Social Emotional Supports.</td>
<td><strong>Location and Duration:</strong></td>
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<tr>
<td><strong>Target Audience:</strong></td>
<td>• Online</td>
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<tr>
<td>Early care and education students and professionals.</td>
<td><strong>Cost of Training to Participant:</strong></td>
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<td>$85.00</td>
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**Training Website:**

[www.cccfscm.org](http://www.cccfscm.org)

**Contact Information:**

508-757-1503 x211
Supporting Infant and Early Childhood Social and Emotional Well-Being: Introduction to Theory and Practice

<table>
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<tr>
<th>Training Entity and Partners:</th>
<th>Tiers of Support/Level of Training Intensity:</th>
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<tbody>
<tr>
<td>Early Intervention Training Center (EITC)</td>
<td>• Universal/Promotion --&gt; Prevention</td>
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**Overview:**

This module is an introductory training which provides a working definition of infant mental health and introduces a framework for understanding Infant and Early Childhood Mental Health practice in Early Intervention and community settings. Research findings shared through this module will assist participants in planning strategies for intervention to support the social and emotional well-being of infants and young children within the context of their families and communities.

**Target Audience:**

Early Intervention practitioners, early childhood and child care providers, and parents.

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<tr>
<th>Certification or Credit Offered:</th>
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<tr>
<td>Participants will receive certificates of completion.</td>
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**Meets EI Competency:**

1.3: EI Specialists will demonstrate knowledge of common factors impacting and influencing child development, including environment, culture, family, and caregiver relationships.

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<tr>
<th>Location and Duration:</th>
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<tbody>
<tr>
<td>• Online</td>
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<tr>
<td>• 1 - 1.5 hour course module</td>
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<tr>
<td>• Online course module offered in an asynchronous format available at any time</td>
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**Cost of Training to Participant:**

Free

**Training Website & Contact Information:**

http://www.eitrainingcenter.org/pd/
**Training Entity and Partners:**

Early Intervention Training Center (EITC)

**Overview:**

Research on young children's early brain development in recent years has changed the way professionals and parents understand their child’s development, and has emphasized the critical nature of environment in shaping learning. This training summarizes neuro-development in the pre-natal and early childhood period. It also assists the participant in identifying early experiences that are essential to healthy brain development and provides information about the risks that may negatively impact that development.

**Target Audience:**

Early Intervention practitioners, early childhood and child care providers, and parents.

**Tiers of Support/Level of Training Intensity:**

- Universal/Promotion --> Prevention

**Certification or Credit Offered:**

Participants will receive certificates of completion.

**Meets EI Competencies:**

1.2 EI Specialists will demonstrate knowledge of common factors impacting and influencing child development, including environment, culture, family and caregiver relationships.

**Location and Duration:**

- Online
- 1 - 1.5 hour course module
- Online course module offered in an asynchronous format available at any time

**Cost of Training to Participant:**

Free

**Training Website & Contact Information:**

http://www.eitrainingcenter.org/pd/
# Integrating Early Childhood Social and Emotional Development into Part C Systems

## Training Entity and Partners:
Early Intervention Training Center (EITC)

## Overview:
This module is one in a series of webinars on the social emotional development of young children. The series was developed in response to the emerging body of research related to the importance of social emotional development as a stepping stone to positive outcomes for young children. The module provides foundational information on social/emotional development in the young child with an emphasis on the impact of stress and trauma on the developing brain. Different levels of stress are defined and strategies for appropriate referral and intervention are summarized. Strategies for integrating mental health services and supports are offered, with a focus on Part C (Early Intervention) systems.

## Target Audience:
Early Intervention practitioners, early childhood and child care providers, and parents.

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

## Certification or Credit Offered:
Participants will receive certificates of completion.

## Meets EI Competencies:
1.6 Demonstrate knowledge of how trauma and other sources of family and environmental stress influence early development and child/caregiver interactions

## Location and Duration:
- Online
- 1 - 1.5 hour course module
- Online course module offered in an asynchronous format available at any time

## Cost of Training to Participant:
Free

## Training Website:
http://www.eitrainingcenter.org/pd/

## Contact Information:
AdCare Educational Institute, Inc.
(508) 752-7313
Child and Adolescent Needs and Strengths (CANS)

**Training Entity and Partners:**
EOHHS and UMass Medical School

**Overview:**

The CANS certification training prepares behavioral health professionals for certification on the CANS, a tool that organizes clinical information collected during a behavioral health assessment in a standardized way, and aims to improve communication among those involved in planning care for a child or adolescent. The CANS is also used as a decision-support tool to guide care planning and to track changing strengths and needs over time. Clinicians who are providing behavioral health assessments to MassHealth children under the age of 21 are required to complete this training and certification if they are enrolled as a MassHealth provider or as network providers in one of MassHealth’s contracted managed care entities. To become CANS certified, providers must pass an online CANS certification examination. Massachusetts CANS (MassCans) certification can be used for both the Massachusetts CANS “Birth through Four” and CANS “Five through Twenty.

**Target Audience:**

Clinicians in certain levels of care who will be providing behavioral health assessments to children and youth under the age of 21 who are enrolled in MassHealth.

**Tiers of Support/Level of Training Intensity:**

- Intervention --> Treatment

**Certification or Credit Offered:**

CEUs are offered for a small fee to registered, social workers, licensed mental health counselors, occupational therapists, licensed marriage and family therapists and psychologists who pass the Exam. CEUs are available for those who are taking the training for the first time only. These participants can apply for CEUs after training completion.

**Location and Duration:**

- Online training is available at no cost to Massachusetts providers at https://masscans.ehs.state.ma.us

**Cost of Training to Participant:**

- No cost to Massachusetts providers.

**Training Website:**
https://masscans.ehs.state.ma.us

**Contact Information:**
Director of Program Development
U/Mass CANS Training Program
University of Massachusetts Medical School
508-856-8516
# Child and Adolescent Needs and Strengths, Birth to Four Webcast (CANS B4)

## Training Entity and Partners:
EOHHS and UMass Medical School

## Overview:
This module is an addition to the CANS training program and provides support for currently certified providers who use CANS with children Birth through Four. The Birth through Four CANS webcast is an enhancement to the certification training, and is not a preparation course for certification.

## Target Audience:
Clinicians in certain levels of care who are CANS certified and will be providing behavioral health assessments to children and youth under the age of 5 who are enrolled in MassHealth.

## Tiers of Support/Level of Training Intensity:
- Intervention --> Treatment

## Certification or Credit Offered:
For professional development credit opportunities, contact the UMASS CANS Training Program.

## Location and Duration:
- Online
- Trainings held throughout the calendar year.

## Cost of Training to Participant:
- No cost to Massachusetts providers.

## Training Website:
https://masscans.ehs.state.ma.us

## Contact Information:
Director of Program Development
U/Mass CANS Training Program
University of Massachusetts Medical School 508-856-8516
## CANS Cultural Considerations Domain Training

### Training Entity and Partners:
EOHHS and UMass Medical School

### Overview:
This module is an addition to the CANS training program and provides support for currently certified providers to use the Cultural Considerations Domain. Cultural Considerations: Exploring the Revised CANS Domain in Clinical Practice is an interactive online training module for using the new Cultural Considerations domain. The revised Cultural Considerations domain provides a culturally informed framework to capture information about race, ethnicity and language (REL) as well as, culture within families. The revised items are designed to foster a more effective therapeutic alliance, develop culturally-informed treatment plans that could improve outcomes, and help to reduce health care disparities.

### Target Audience:
Clinicians in certain levels of care who are CANS certified and will be providing behavioral health assessments to children and youth under the age of 21 who are enrolled in MassHealth.

### Tiers of Support/Level of Training Intensity:
- Intervention --> Treatment

### Certification or Credit Offered:
CEU course: 1.5 credits are awarded to registered social workers, licensed mental health counselors, occupational therapists, or licensed marriage and family therapists for a cost of $27.00

### Location and Duration:
- Online
- For further information about training availability, contact the UMASS CANS Training Program.

### Cost of Training to Participant:
- Free for CANS certified assessors

### Training Website:
https://masscans.ehs.state.ma.us

### Contact Information:
Director of Program Development
U/Mass CANS Training Program
University of Massachusetts Medical School
508-856-8516
Clinical Intervention with Young Children Affected by Domestic Violence or Other Sources of Trauma

Training Entity and Partners:
Boston Medical Center; Child Witness to Violence Project

Overview:
Provides participants with expanded clinical knowledge and skills in working with young children who are traumatized. Special attention will be paid to children exposed to domestic violence. Participants will:

- Increase their knowledge of complex trauma;
- Learn to identify symptoms of trauma in young children;
- Learn techniques for caregiver and child interviews;
- Understand principals of individual clinical assessment and treatment of traumatized children and;
- Review strategies for self-care.

Current literature on clinical work with children exposed to trauma and domestic violence will be reviewed.

Target Audience:
Maximum of 25 participants including social workers, mental health clinicians, school counselors, school psychologists, and marriage and family therapists.

Tiers of Support/Level of Training Intensity:
Intervention --> Treatment

Certification or Credit Offered:
CEU Course 1 credit available for social workers and licensed mental health counselors.

Location and Duration:
- Varies
- 2 day, full-day seminar offered biannually.

Cost of Training to Participant:
- $270 per participant. Additional charge of $25 dollars for CEU credit application. 15% discount for students and groups.

Training Website:
http://www.childwitnessstoviolence.org/

Contact Information:
Ashley Schiffmiller
617-414-7425
Introduction to Child Parent Psychotherapy: Clinical Intervention with Young Children Affected by Trauma and Domestic Violence

Training Entity and Partners:
Boston Medical Center; Child Witness to Violence Project; National Child Traumatic Stress Network

Overview:
This seminar provides an introduction to Child-Parent Therapy, a dyadic attachment-based intervention for young children exposed to interpersonal violence and other trauma, which has been empirically validated for use with children under age six. The training will include:

• A review of the theoretical foundation of the model;
• An overview of assessment protocols and;
• A description of the principles of intervention and core clinical skills that are used.

Participants will increase their understanding of assessment processes and tools used in treating children exposed to trauma. Case presentations and video based clinical vignettes will be used to illustrate key principles.

Target Audience:
Maximum of 25 participants including social workers, mental health clinicians, school counselors, school psychologists, and marriage and family therapists.

Tiers of Support/Level of Training Intensity:
• Intervention --> Treatment

Certification or Credit Offered:
CEU Course 1 credit available for social workers and licensed mental health counselors.

Location and Duration:
• Varies
• 2 day, full-day seminar offered biannually.

Cost of Training to Participant:
• $270 per participant. Additional charge of $25 dollars for CEU credit application. 15% discount for students and groups.

Training Website:
http://www.childwitnessstoviolence.org/

Contact Information:
Carmen Rosa Norona, LCSW, Ms.Ed, CEIS, Carmen.norona@bmc.org
617-414-4765
# The Intersection of Trauma, Culture and Immigration

**Training Entity and Partners:**
Boston Medical Center; Child Witness to Violence Project

**Overview:**
This workshop provides an overview and analysis of the role of culture, language and immigration as risk and protective factors; describes strategies of intervention when using Child Parent Psychotherapy and Trauma Focused-Cognitive Behavioral Therapy models with immigrant children and adults, with an emphasis on working with Latino families; and addresses the challenges of working cross-culturally, working with clients whose first language is not English, and working with an interpreter.

**Target Audience:**
Social workers, mental health clinicians, school counselors, school psychologists, and marriage and family therapists.

**Tiers of Support/Level of Training Intensity:**
- Intervention --> Treatment

**Certification or Credit Offered:**
CEUs not available at this time but it is anticipated they will be available in the future.

**Location and Duration:**
- Boston Medical Center
- 1 day, full day seminar. Usually once per year

**Cost of Training to Participant:**
- $150 per participant

**Training Website:**
http://www.childwitnessstoviolence.org/

**Contact Information:**
Ashley Schiffmiller
617-414-7425
# Clinical Intervention with Caregivers Affected by Intergenerational Trauma

## Training Entity and Partners:
Boston Medical Center; Child Witness to Violence Project; National Child Traumatic Stress Network

## Overview:
This seminar will provide participants with expanded clinical knowledge and skills in working with caregivers who are affected by intergenerational trauma.

Participants will:
1. Increase their knowledge about intergenerational trauma and its clinical relevance.
2. Increase their understanding of the potential psychological impact of trauma across generations.
3. Learn therapeutic interventions in working with families affected by intergenerational trauma.

Through a combination of lectures and case discussions, participants will become familiar with the concept of intergenerational trauma and how it affects the treatment of caregivers. Current literature on clinical work with caregivers exposed to trauma across generations will be reviewed.

## Target Audience:
Maximum of 25 participants including social workers, mental health clinicians, psychologists and marriage and family therapists.

## Tiers of Support/Level of Training Intensity:
- Intervention --> Treatment

## Certification or Credit Offered:
CEU Course 5 credit hours available for social workers and licensed mental health counselors.

## Location and Duration:
- Boston Medical Center
- 1 day, full-day seminar. Usually once per year.

## Cost of Training to Participant:
- $150 per participant

## Training Website:
http://www.childwitnessstoviolence.org/

## Contact Information:
Ashley Schiffmiller
617-414-7425
Supporting Grieving Children and Families

Training Entity and Partners:
Boston Medical Center; Good Grief Program

Overview:
This interactive training explores the difficult topic of death and its impact on children and adults. Facilitators use open dialogue, activities, video, and presentation of theory to discuss the meaning of death and loss in engaging, respectful, and approachable ways. By the end of training, participants will be able to:

• Identify the key components to understanding death.
• Discuss and explore how children, across various developmental stages, make meaning of death.
• Review how our models for understanding the grieving process changed over time.
• Identify the four tasks of grieving.
• Contemplate how we, as adults, approach conversations with children about death (i.e., caring for the caretakers).
• Illustrate how adults can promote resiliency in children in the wake of loss.

Target Audience:
Training can be easily adapted for a range of audiences including educators/teachers, early childhood providers, social workers, mental health clinicians, psychologists and marriage and family therapists.

Tiers of Support/Level of Training Intensity:
• Intervention --> Treatment

Certification or Credit Offered:
CEUs not available at this time but it is anticipated they will be available in the future.

Location and Duration:
• Boston Medical Center
• 1 half-day seminar. Offered on an as-requested basis.

Cost of Training to Participant:
• Varies

Training Website:
http://www.childwitnessstoviolence.org/

Contact Information:
Ashley Schiffmiller
617-414-7425
### Practical Strategies during Difficult Times: Language and Tools to Support Grieving Children

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<td>Training can be easily adapted for a range of audiences including educators/teachers, early childhood providers, social workers, mental health clinicians, psychologists and marriage and family therapists.</td>
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<tr>
<td>Practical Strategies during Difficult Times builds upon the basic understanding that participants achieve through Supporting Grieving Children and Families. This training centers on real-life case examples to delineate the most important principles in talking and supporting grieving children. Participants are encouraged to bring their own experiences of supporting children after a loss for discussion and consultation. Participants will:• Explore and develop insights into what may be helpful/not helpful as children and their caregivers grieve. • Learn specific language that can be used to openly and honestly address the topic of death (including stigmatic death) and loss with children. • Practice how to handle challenging moments where individuals may have differing points of view (i.e., when information about a death is not verified, when individuals may hold differing views of death/afterlife). • Develop concrete strategies and tools to be used to support children and families. • Engage in role plays and interactive activities to practice skills in leading difficult conversations.</td>
<td>• Intervention --&gt; Treatment</td>
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<th>Location and Duration:</th>
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<tr>
<td>CEUs not available at this time but it is anticipated they will be available in the future.</td>
<td>• Boston Medical Center • 1 half-day seminar. Offered on an as-requested basis.</td>
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<th>Cost of Training to Participant:</th>
<th>Training Website:</th>
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<tr>
<td>Varies</td>
<td><a href="http://www.childwitnessstoviolence.org/">http://www.childwitnessstoviolence.org/</a></td>
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<tr>
<th>Contact Information:</th>
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<tbody>
<tr>
<td>Ashley Schiffmiller</td>
<td>617-414-7425</td>
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</tbody>
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# Teachable Moments: Incorporating Grief and Loss into Classroom Culture

## Training Entity and Partners:
Boston Medical Center; Good Grief Program

## Overview:
Teachable Moments is a training specifically geared toward teachers, educators, and school staff. This training helps school communities identify when and where the concepts of death and loss can be naturally integrated into their curriculum. Facilitators will utilize hands-on activities and collaborative teamwork so educators will leave with actionable steps on how to integrate grief and loss into their classroom culture. Participants in this training will:

- Increase their knowledge of the concepts of death, loss, and grief.
- Build concrete strategies to successfully incorporate these concepts into their classroom culture.
- Identify continued opportunities where the concept of death and loss naturally emerge in curricula.
- Explore the importance of using classroom activities to normalize the experience of loss, build empathy, and promote help-seeking strategies.
- Engage in experiential activities that can adapted for use in the classroom.

## Target Audience:
Training can be easily adapted for a range of audiences including educators/teachers, early childhood providers, social workers, mental health clinicians, psychologists and marriage and family therapists.

## Tiers of Support/Level of Training Intensity:
- Intervention --> Treatment

## Certification or Credit Offered:
CEUs not available at this time but it is anticipated they will be available in the future.

## Location and Duration:
- Boston Medical Center
- 1 half-day seminar. Offered on an as-requested basis.

## Cost of Training to Participant:
- Varies

## Training Website:
http://www.childwitnessstoviolence.org/

## Contact Information:
Ashley Schiffmiller
617-414-7425
# Infusing Trauma-Informed Practices into Early Childhood Education Programs

## Training Entity and Partners:
Boston Medical Center; Vital Village Network

## Overview:
This presentation provides resources for teachers that support the needs and help facilitate the healing process of young children who have experienced trauma. The trainings include information about the impact of trauma on the developing brain and its impact on learning. Teachers are given a “tool kit” with materials to use in the classroom to help children learn self-regulation skills.

## Target Audience:
Teachers, school administration, school nurses, social workers, mental health clinicians, school counselors, school psychologists.

## Tiers of Support/Level of Training Intensity:
- Intervention --> Treatment

## Certification or Credit Offered:
CEUs not available at this time but it is anticipated they will be available in the future.

## Location and Duration:
- Boston Medical Center
- 1 half-day seminar. Offered on an as-requested basis.

## Cost of Training to Participant:
- Varies

## Training Website:
http://www.childwitnessstoviolence.org/

## Contact Information:
Ashley Schiffmiller
617-414-7425
Training Entity and Partners:
Boston Medical Center; Child Witness to Violence Project; Early Trauma Treatment Network

Overview:
Through an 18-month long training, participants will gain core CPP knowledge and competencies to enable them to adopt CPP. Participating agencies will increase their capacity to provide an evidence-based trauma treatment for children in the birth to six age range. The training is available to individual agencies; however it is generally provided via Learning Collaboratives (LCs). The Learning Collaborative (LC) model is the dissemination strategy used by the National Child Traumatic Stress Network (NCTSN) to support uptake of evidence-based interventions and best practices. What sets an LC apart from traditional training is the intensive focus on learning-by-doing. An LC includes in-person trainings or “learning sessions”, intensive consultation, and peer-to-peer learning within and across organizations. This training meets criteria for an Implementation-Level CPP Course. Participants who complete training are eligible for the roster of trained CPP clinicians.

Target Audience:
Max 50 participants social workers, mental health clinicians, psychologists and marriage and family therapists. Typically training includes agency teams rather than individual therapists.

All clinical team members seeking to complete training and be eligible for the CPP roster must be master’s or doctoral-level psychotherapists with a degree in a mental health discipline.

If any participating team members are not yet licensed, they must be supervised by a licensed team member who also participates in the training. This training is not considered intensive enough for student (e.g. practicum students and psychology interns to learn the model).

Tiers of Support/Level of Training Intensity:
- Intervention --> Treatment
- MassAIMH Competency Levels for Workforce Development at Levels III-IV

Certification or Credit Offered:
CEU Course for social workers, mental health clinicians, psychologists and marriage and family therapists. 42 credits available for therapists. 48 CEU's for supervisors.

Location and Duration:
- Location varies
- The training for participants lasts 18 months. There is a preparation phase that can involve between 4-6 months.

Cost of Training to Participant:
- $2000-$3500 per day of training
- $150 to $350 per hour of consultation

Contact Information:
Carmen Rosa Norona, LCSW, Ms.Ed, CEIS,
Carmen.norona@bmc.org
Training Entity and Partners:
Brazelton Institute, Boston Children’s Hospital

Overview:

The NBO training program provides participants with the theoretical foundations and clinical principles necessary to enable them to use the Newborn Behavioral Observations (NBO) system in their clinical practice. During the two-day training program, participants will first be exposed to current research on neurobehavioral development and the early parent-child relationship. Then, using film and/or live demonstrations, the workshop will introduce participants to the kinds of observational strategies necessary to identify newborn behavioral patterns and how to use the NBO as a way of sensitizing parents to the competencies and individuality of their newborn. Clinical guidelines on relationship-building will be discussed and demonstrated, while the workshop will also examine the use of the NBO in anticipatory guidance and demonstrate how this guidance can be provided in a way that is developmentally appropriate and culturally sensitive. After the workshop, on-line mentoring will be offered to all participants to enable them to complete the training.

Target Audience:

All professionals who have the opportunity to work with infants and their families in both low-risk and high-risk setting including: physicians, nurses, psychologists, infancy specialists, lactation consultants, home visitors, occupational therapists, physical therapists, social workers and other allied health professionals. Workshops designed for up to 30 participants.

Tiers of Support/Level of Training Intensity:

- Universal/Promotion --> Intervention
- MassAIMH Competency Levels for Workforce Development at Levels I-IV

Certification or Credit Offered:

Participants will receive a certificate of completion once they have completed all four training phases. CE units are offered.

Location and Duration:

- Boston Children’s Hospital; Boston, MA
- Check the website for upcoming dates.* Note: Trainings may also be delivered ON-SITE for individual organizations and designed to meet the organization’s needs.
- Training Phases
  - 2 full-day NBO face-to-face seminars for professionals
  - Online mentoring with Brazelton Institute faculty, after completion of seminar
  - 5 NBO sessions conducted by professional with families

Cost of Training to Participant:

- $595 per person; if provided on-site, minimum of 15 participants plus trainer travel expenses.

Training Website:
http://www.brazelton-institute.com/workshop.html

Contact Information: The Brazelton Institute
857-218-4354
brazelton.institute@childrens.harvard.edu
Brazelton Institute
Neonatal Behavioral Assessment Scale (NBAS)

Training Entity and Partners:
Brazelton Institute, Boston Children’s Hospital

Overview:
The NBAS is a comprehensive examination of neonatal behavior appropriate to use for infants from birth to two months of age. The NBAS has been used as a reliable research tool around the world to identify individual differences in newborn behavior (Brazelton, 1973, 1985; Brazelton and Nugent, 1995; Brazelton and Nugent, 2011).

Target Audience:
The NBAS training program is especially designed for researchers, but also appropriate for clinicians and pediatric professionals in training who would like a thorough foundation in infant development and behavior.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention
- MassAIMH Competency Levels for Workforce Development at Levels I-IV

Certification or Credit Offered:
After completion of all components of the training program, participants will receive a NBAS certificate. NBAS training and certification takes place in four phases:

Two-day Workshop
- Self-Study and Practice Phase (including online supervision and conference calls)
- Assessment of trainee’s administration and inter-rater reliability scoring competence by NBAS trainer
- Certification.

Location and Duration:
- Boston Children’s Hospital; Boston, MA
- Training on the NBAS is arranged on an individual basis. The Brazelton Institute will confirm dates one month prior to training. Pending participant level, training may be rescheduled. Please call 857-218-4354 to schedule training.

Cost of Training to Participant:
- Fee for the NBAS course and certification is $2,500 (which includes the workshop, workshop materials, manual, video, NBAS kit and supervision).

Training Website and Contact Information:
http://www.brazelton-institute.com/workshop.html

The Brazelton Institute: 857-218-4354
### Brazelton Touchpoints Individual Level Training

#### Training Entity and Partners:
Brazelton Touchpoints Center, Boston Children's Hospital

#### Overview:
Experiential, interactive training and reflective mentorship to apply evidence-based strategies that support strengths-based partnerships with families. Providers deepen skills in supporting families’ understanding of their child’s behavior and strengths; and in anticipating and meeting challenges in self-regulated and emotionally healthy ways. It is a method proven to stabilize parental and provider stress, and enhance developmentally responsive care as crucial bases for child health and well-being.

#### Target Audience:
Individual, multi-disciplinary health care, early education, child- care, mental health, and social service providers who work with young children and their families. The training is limited to 25 participants for optimal experiential learning.

[The Touchpoints Individual Level Training Program is a prerequisite for the Touchpoints Community Level Trainer program for teams in communities that have made the commitment to become a Touchpoints Site.]

#### Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention
- MassAIMH Competency Levels for Workforce Development at Levels I-IV

#### Certification or Credit Offered:
For certification and continuing education credit information, contact the Touchpoints Center.

#### Location and Duration:
- Trainings are offered at both the Brazelton Touchpoints Center in Boston and at designated National Touchpoints Training Sites across the country.

#### Cost of Training to Participant:
- $1200 per person for individual multidisciplinary 3 day experiential seminar plus six months of reflective mentorship

#### Training Website:
www.brazelontouchpoints.org

#### Note: Information on becoming a Touchpoints Community Level Trainer and Team can also be found on the website.

#### Contact Information:
The Brazelton Touchpoints Center
857-218-4354
www.brazelontouchpoints.org

Contact Autumn at autumns@childrens.harvard.edu for more information.
## Training Entity and Partners:
Brazelton Touchpoints Center, Boston Children's Hospital

## Overview:
The Brazelton Touchpoints offers professional development workshops including:
- Understanding Children’s Development and Challenging Behavior
- Strengthening Partnerships with Families
- Aligning Organizational Practices for Effective Family Engagement
- Discipline
- Touchpoints Parenting Curriculum
- Feeding, Sleeping, Toileting workshops
- Applying Touchpoints to Trauma

## Target Audience:
All professional disciplines working with children or families interested in deepening their knowledge and skills

## Tiers of Support/Level of Training Intensity:
- Prevention --> Treatment
- Supports MASSAIMH Competency Levels for Workforce Development at Levels I-IV

## Certification or Credit Offered:
For certification and credit information, contact the Brazelton Touchpoints Center.

## Location and Duration:
- On site
- Please check the website for upcoming dates.

## Cost of Training to Participant:
Varies depending upon workshop and use of online learning support in addition to in-person training.

## Training Website:
www.brazelontouchpoints.org

## Contact Information:
Contact Autumn at autumn.strausbaugh@childrens.harvard.edu for more information.
### Training Entity and Partners:
Family Connections Institute, Brazelton Touchpoints Center, Boston Children’s Hospital

### Overview:
Family Connections provides an evidence-based, system-wide model for mental health consultation and professional staff development. This model builds professional capacity; promotes mental health and social-emotional well-being in young children, their families and providers; and deepens professionals’ understanding of families facing depression and other adversities. Self-care, self-reflection and perspective taking are foundational constructs.

**Objectives:**
- Explore how Family Connections further enhances mental health consultation services to young children, their families, and early childhood professionals.
- Explore how Family Connections supports further professional development regarding social-emotional development and mental health for early childhood professionals.
- Present the Family Connections practice framework, goals, objectives, and outcomes.
- Illustrate Family Connections and Tell Me A Story training modules for providers and parents through presentations, case vignettes, and interactive exercises. Family Connections was developed with the support of a US Department of Health and Human Services Office of Head Start Innovation and Improvement Grant to Boston Children’s Hospital.

### Target Audience:
Mental health practitioners, home visitors, educational and family service worker supervisors, directors, program managers.

### Tiers of Support/Level of Training Intensity:
- Intervention --> Treatment

### Certification or Credit Offered:
For certification and credit information, contact the Brazelton Touchpoints Center.

### Location and Duration:
- Brazelton Touchpoints Center
- In Boston two times per year. Training is followed by three mentoring calls as professionals integrate newly learned strategies and implement the Family Connections approach into their practice. Check the website for dates. Note: Training may be delivered ON SITE and designed to meet the organizational needs.

### Cost of Training to Participant:
- $500 per person for 2 day seminar in Boston plus reflective mentorship.
- Half and full-day workshops are available on-site.

### Training Website:
www.brazelontouchpoints.org

### Contact Information:
mai.nguyen@childrens.harvard.edu for more information.
## Family Connections Institute
### Professional Development Workshops

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<thead>
<tr>
<th>Training Entity and Partners:</th>
<th>Target Audience:</th>
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<tbody>
<tr>
<td>Family Connections Institute, Brazelton Touchpoints Center, Boston Children’s Hospital</td>
<td>Early childhood teachers, Head Start and Early Head Start staff, mental health practitioners, home visitors, educational and family service worker supervisors, directors, program managers.</td>
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<tr>
<th>Overview:</th>
<th>Tiers of Support/Level of Training Intensity:</th>
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<tr>
<td>Family Connections offers professional development workshops including: • What is Depression? (Family Connections module) This workshop addresses an overview of depression including: • Signs, symptoms, and causes of depression • How depression affects the work of the Early Care professional; an examination of myths, fears and concerns regarding depression • Depression and responses to depression can be considered along a spectrum of intensity • Strategies to engage depressed parents and support conversations regarding depression In addition, the workshop will address the concept of resiliency including: • Understanding resiliency • Strategies for building resiliency for providers and families • Self-care • The workshop presentation model is based on Adult Learning Theory and includes self-reflection and interactive exercises.</td>
<td>• Intervention --&gt; Treatment</td>
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<th>Cost of Training to Participant:</th>
<th>Training Website:</th>
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<tr>
<td>• Available upon request</td>
<td><a href="http://www.brazeltontouchpoints.org">http://www.brazeltontouchpoints.org</a></td>
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| Contact Information: | |
|---------------------| |
| Contact mai.nguyen@childrens.harvard.edu for more information. |
## Training Entity and Partners:
Family Connections Institute, Brazelton Touchpoints Center, Boston Children’s Hospital

## Overview:
Module One is designed for multi-disciplinary staff in early care settings. It offers an opportunity for staff to reflect together on the general experience of working with parents, to practice skill in reflection and perspective-taking, and to learn about parental depression for the purpose of supporting parent involvement.

The module contains three workshops which focus on:
- increasing staff awareness and knowledge about tools for successful parent engagement
- improving staff communication and problem-solving skills through perspective-taking
- increasing knowledge of signs, symptoms, and concerns regarding depression

Module can be tailored to mental health professionals with an eye to implementing this preventive mental health consultation model with an early care program.

- Skill and content-based

## Target Audience:
Head Start and Early Head Start staff; Early Childhood Education staff and; Mental health consultants to early care.

## Tiers of Support/Level of Training Intensity:
- Intervention --> Treatment

## Certification or Credit Offered:
Certificate of attendance provided.

## Location and Duration:
- On-site of program receiving training.
- 2 hours for each workshop within the module, for a total of 6 hours. Held by request.

## Cost of Training to Participant:

## Training Website:
http://www.brazeltontouchpoints.org

## Contact Information:
Contact mai.nguyen@childrens.harvard.edu for more information.
# Innovations in the Clinical Practice of Home & Community-Based Family Therapy

<table>
<thead>
<tr>
<th>Training Entity and Partners:</th>
<th>Caregiver Skill Building Intervention. 3. Collaborative and Strategic Treatment Planning with Multi-Stressed Families.</th>
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<td>William James College</td>
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## Overview:
Including families in home-based, residential and community practice can be incredibly challenging. Given the competing demands of individual family members, how can providers engage families in a way that allows them to feel heard, as well as supported as partners in treatment? The conference format is designed to provide participants with practical examples, describing innovations in family engagement, particular aspects of the clinical work with families from minority and immigrant groups as well as challenges, and opportunities for working with families in home-based, residential and community practice. The program will include the voices of families, clinical staff, and educators, as they consider best practices, as well as the skills needed to translate a collaborative and strength-based and culturally sensitive curriculum into real world practice. Morning plenary is designed to create a context in which participants learn from families, caregivers, and each other. Panels will address multiple questions including: How can higher education and behavioral providers collaborate to create the next generation of clinicians? How does real world experience translate into training? The morning session is designed to provoke discussion and reflection, followed by an afternoon with 3 skill-building sessions. These include: 1. Addressing cultural complexities in the clinical work with minority and immigrant families. 2. GROW: Adapting the Attachment Self-Regulation and Competency (ARC) Framework as a

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<th>Target Audience:</th>
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<td>Graduate Students, General Public, Other Professionals</td>
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## Tiers of Support/Level of Training Intensity:
- Intervention --> Treatment

## Certification or Credit Offered:
6 CE Credits

## Location and Duration:
- William James College, Newton

## Cost of Training to Participant:
- $135

## Training Website:
http://www.williamjames.edu/

## Contact Information:
Continuing Education
617-244-1682
Training Entity and Partners:
University of Massachusetts, Boston

Overview:
An interdisciplinary training program that strengthens participants’ understanding of concepts in infant-parent mental health and helps them develop skills, relevant to their scope of practice, that support infant-caregiver relationships in optimal social emotional and cognitive development. The principal focus of the program is on the most current research, assessments and interventions in infant and early childhood mental health. The program will provide Fellows with the knowledge and skills to understand the centrality of caregiving relationships to infant growth and development and the many factors impacting these relationships. Fellows receive training to conduct (within the scope of their professional discipline): preventive interventions and programs; direct interventions; interdisciplinary collaboration; research; consultation to providers and caregivers serving children and; advancement of public policy related to infant-parent physical, social, emotional and mental health. Fellows learn from the world’s leading experts in -parent mental health.

Target Audience:
Licensed, or credentialed professionals with at least 1 year of discipline-related experience with children ages 0-5 years, and their caregivers. Eligible professionals include: physicians, social workers, psychologists, LMCH, early childhood and special educators, OTs, PTs, nurses, speech/language clinicians, policy-makers.

Tiers of Support/Level of Training Intensity:
- Promotion, Prevention, Intervention and Treatment
- Fulfills MASSAIMH Competency Levels for Workforce Development at Levels III-IV

Certification or Credit Offered:
- Participants who successfully complete the program receive a Certificate in Infant-Parent Mental Health from University of Massachusetts, Boston. Additional certification trainings available in specific interventions.
- A total of 25 CEUs (equivalent to 250 training hours) are awarded.

Location and Duration:
- University of Massachusetts, Boston
- New class of fellows beginning Winter 2018
- Two-year program, 3-day sessions meeting every other month, including a practicum

Cost of Training to Participant:
- Program tuition: $11000; payments spread over 2-year program

Training Website:
www.umb.edu/ipmh
Training Entity and Partners:
University of Massachusetts, Boston

Overview:
This certificate prepares clinicians to provide mental health services to children and their families in a variety of early childhood settings. It also prepares mental health professionals to form productive, collaborative relationships with and provide consultation to parents, teachers, and other adults who play important roles in the lives of young children. Masters-level social workers and other mental health professionals will develop expertise in early childhood development, psycho-social risk and resilience, clinical practice with young children and their families, and consultation to early care and education providers. All courses emphasize culturally relevant, strengths-based, and evidence-informed approaches to assessment and intervention. The certificate consists of four courses:

- Child Development: The Early Years
- Risk and Resiliency in Infancy
- Early Childhood Mental Health, Practice, Policy & Research
- Clinical Practice with Young Children and Their Families

Skill and content-based

Target Audience:
Masters-level social work students. The certificate program is completed simultaneously with Wheelock’s MSW program.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Treatment

Certification or Credit Offered:
Participants receive 12 graduate credit hours.

Location and Duration:
- Wheelock College
- The four courses can be completed in 1 year. Offered annually.

Cost of Training to Participant:
- Contact Brian Minchello, Director of Graduate Admissions, regarding application and cost: bminchello@wheelock.edu

Training Website:
http://www.wheelock.edu/academics/graduate/certificate-and-non-degree-programs/certificate-in-early-childhood-mental-health-curriculum

Contact Information:
Lenette Azzi-Lessing, PhD
Associate Professor of Social Work and ECMH Certificate Program Coordinator
lalessing@wheelock.edu
**Training Entity and Partners:**
Child Trauma Institute (CTI)

**Overview:**
Participants will learn the "Fairy Tale Model of Trauma Treatment" as well as the fundamentals of using EMDR with children. Topics include: technical modifications of standard EMDR components; protocol variations by age group (toddler, young child, etc.); related family therapy interventions; fostering a secure attachment; and integration of EMDR into a comprehensive treatment approach. Participants will learn how to conduct a trauma-informed evaluation, develop a systematic trauma-informed treatment plan and work with parents and families to support the EMDR treatment approach.

**Target Audience:**
Mental health professionals (or grad students/interns).

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**Certification or Credit Offered:**
Up to 49 CE credits available (optional) for psychologists, social workers and licensed mental health clinicians. The EMDR International Association (EMDRIA) has also accredited the Trauma Institute/Child Trauma Institute as a Provider of EMDRIA CE Programs.

**Location and Duration:**
• Training offered at CTI in Northampton.

**Cost of Training to Participant:**
$1550

**Training Website:**
http://www.childtrauma.com/

**Contact Information:**
Child Trauma Institute
Greenfield, MA
(413) 774-2340
cti@childtrauma.com
# Slaying the Dragon: The Fairy Tale Model of Trauma Treatment

## Training Entity and Partners:
Child Trauma Institute (CTI)

## Overview:
The Fairy Tale Model is a research-supported comprehensive phase model of trauma-informed treatment. This workshop offers advanced clinical skills for trauma-informed evaluation, treatment planning/contracting, clinical supervision/consultation, and more. This is a hands-on clinical skills training for working with clients who have been exposed to significant trauma or loss. Participants will learn to analyze presenting symptoms/problem behaviors from a trauma perspective as well as create a trauma-informed case formulation and explain it to the client and family.

## Target Audience:
Mental health professionals (or grad students/interns) with an active psychotherapy or supervision caseload.

## Tiers of Support/Level of Training Intensity:
- Treatment

## Certification or Credit Offered:
CEU Course 6.5 credits are available for psychologists, social workers and licensed mental health clinicians. The EMDR International Association (EMDRIA) has also accredited the Trauma Institute/Child Trauma Institute as a Provider of EMDRIA CE Programs, also offering 6 CEUs for this workshop.

## Location and Duration:
- Training offered at CTI in Northampton or at trainee’s location by request.

## Cost of Training to Participant:
- $20 (Early bird registration)
- $25 (Regular fee)
- Additional $25 if requesting Cues

## Training Website:
http://www.childtrauma.com/

## Contact Information:
Child Trauma Institute
Greenfield, MA
(413) 774-2340
cti@childtrauma.com
## Training Program for Professionals Who Work with Children Exposed to Trauma

**Training Entity and Partners:**
Child Trauma Institute (CTI)

**Overview:**
A hands-on skills training for professionals working with kids, who have been exposed to significant trauma or loss, and with their caregivers. The training will provide an overview of: child trauma theory; the impact of trauma and loss on kids' presenting problems; how to implement a healing relationship; self-care for those who work with distressed kids; and practical skills that pertain directly to your work with kids and their care-givers.

**Target Audience:**
Early intervention professionals, pediatric clinicians, child protection workers, educators, shelter staff and other professionals who work directly with children.

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<td>(413) 774-2340</td>
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<tr>
<td><a href="mailto:cti@childtrauma.com">cti@childtrauma.com</a></td>
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Progressive Counting (PC): Child Focus

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<td>• Intervention</td>
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**Overview:**
A hands-on clinical skills training for using Progressive Counting with clients of all ages who have been exposed to significant trauma or loss. This in-depth training will cover trauma theory, impact of trauma and loss, therapeutic relationship, self-care for counselors/therapists, identification and assessment of traumatized clients, and directly helping clients to manage their symptoms, resolve their trauma/loss memories, and prepare to cope effectively with future challenges.

**Target Audience:**
Mental health professionals (or grad students/interns) with an active psychotherapy caseload.

**Certification or Credit Offered:**
32 CEs, 12 EMDRIA CEs (optional)

**Location and Duration:**
• Northampton, MA

**Cost of Training to Participant:**
Early bird rate $600. See website

**Training Website:**
http://www.childtrauma.com/

**Contact Information:**
Child Trauma Institute
Greenfield, MA
(413) 774-2340
cti@childtrauma.com
### Certificate Program: Trauma-Informed Treatment for Adults, Children & Teens

**Training Entity and Partners:**
Child Trauma Institute (CTI)

**Overview:**
A hands-on clinical skills training for working with adults, children, and teens who have been exposed to significant trauma or loss. This in-depth extended training will cover trauma theory, impact of trauma and loss, therapeutic relationship, self-care for counselors/therapists, identification and assessment of traumatized individuals, working with parents and other caregivers to help traumatized kids, and directly helping clients to manage their symptoms, resolve their trauma/loss memories, and prepare to cope effectively with future challenges. The program is designed for mental health professionals (or advanced graduate students) with an active therapy caseload. Participants will first learn a foundation model and skills, and over time add advanced interventions such as motivational interviewing, anger management training, and parent training. Each of the subsequent meetings will include new (or review) didactic/skills material as well as group consultation focused on participants’ ongoing cases. This program is designed to help participants learn and master the essential clinical skills for trauma-informed treatment with adults, children, and teens. The training program involves lecture, demonstration, and in-class practice. This is an experiential training, and part of the learning is to practice the interventions with other participants. Although participants are always in charge of what they disclose, some individuals have reported that their participation led to facing personal issues.

**Target Audience:**
Mental health professionals (or advanced graduate students) with an active therapy caseload.

**Tiers of Support/Level of Training Intensity:**
- Intervention

**Certification or Credit Offered:**
85 CEs, 12 EMDRIA CEs (optional)

**Location and Duration:**
- Northampton, MA

**Cost of Training to Participant:**
Early bird rate $1,650.

**Training Website:**
http://www.childtrauma.com/

**Contact Information:**
Child Trauma Institute
Greenfield, MA
(413) 774-2340
ci@childtrauma.com
# Understanding and Addressing Young Children's Behaviors

**Training Entity and Partners:**
Collaborative for Educational Services (CES)

**Overview:**
Young children use their behaviors to communicate their feelings, needs and wants. This course looks at what children may be trying to communicate with their behavior, the impact of trauma on behavior and why children sometime have challenging behaviors. Information on brain development, the importance of healthy social emotional development, and the impact of trauma will all be discussed in the context of understanding and addressing young children’s behaviors.

**Target Audience:**
Early Childhood Educators

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**Certification or Credit Offered:**
1 CEU or 10 Training Hours

**Cost of Training to Participant:**
$80 for the course, $85 for the course and a CEU certificate

**Training Website:**
http://www.collaborative.org/events-and-courses/understanding-and-addressing-young-childrens-behaviors

**Contact Information:**
413-588-5568
# Early Childhood: An Important Time to Introduce Social Justice and Diversity to Young Children

**Training Entity and Partners:**
Collaborative for Educational Services (CES)

**Overview:**
Early childhood is an important time when young children learn how to treat each other; begin to learn about differences; and begin to express how they feel about their experiences. Join us to learn about the value and impact of understanding differences among us all. Together we will explore WHY and HOW this understanding is important to both learn for ourselves, and to introduce these vital concepts to young children as a stepping stone to a more socially just community and world.

**Target Audience:**
Early Childhood Educators

**Tiers of Support/Level of Training Intensity:**
- Universal/Promotion --> Prevention

**Certification or Credit Offered:**
- .5 CEU or 5 training hours

**Cost of Training to Participant:**
- $60 for the course, $65 for the course and CEU certificate

**Training Website:**

**Contact Information:**
413-588-5568
### Training Entity and Partners:
Collaborative for Educational Services (CES) with Race to the Top funding through EEC.

### Overview:
Participants will be able to: Identify the five Social and Emotional Learning (SEL) Competencies and eight Approaches to Play and Learning (APL) Standards and explain why they are important for children's success in school and beyond. Use the SEL and APL Standards as a lens for reflecting on and adopting new educational practices. Recognize how varied experiences and individualized needs of children may impact their social emotional development. Identify already existing daily instructional practices that support SEL/APL development. Understand the assessment cycle and the role of observation in documenting the development and progress of SEL/APL skills and give practice examples of using observation within the assessment cycle; Describe SEL/APL skill development as a continuum for each child and reflect on how ongoing and daily assessment can inform their practice to support and promote individual growth at the child’s pace. Describe key components of a strengths-based partnership with families.

### Target Audience:
Early Childhood Educators

### Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

### Certification or Credit Offered:
- .5 CEU or 5 training hours

### Location and Duration:
- Available upon request

### Cost of Training to Participant:
- Available upon request

### Training Website:
http://www.collaborative.org/events-and-courses/

### Contact Information:
413-588-5568
# Identifying and Supporting Children with Special Needs in Your Program

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## Overview:
This workshop provides information, strategies and resources that are helpful to assist in the process to identifying and then supporting young children with special needs. Early educators will learn various ways to meet the needs of their students with diverse learning needs.

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<td>413-588-5568</td>
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### Training Entity and Partners:
Collaborative for Educational Services (CES)

### Overview:
The training materials provide information for participants to guide families on how to promote their children’s social and emotional skills, understand their problem behavior, and use positive approaches to help children learn appropriate behavior. Participants will learn how to facilitate the Positive solutions for Families sessions. These sessions are designed to give parents general information on key strategies that may be used with all children. Sessions are not designed to offer parents specific advice for their child’s individual issues. Facilitators of these sessions should be knowledgeable about local agencies and service providers that may be able to assist families who have complex support needs or children with problem behavior that requires the guidance of a professional. Participants will review how to share with parents a routine guide that offers advice for supporting their children across common family routines.

### Target Audience:
Early Childhood Educators

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# Brain Development

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<td>• Universal/Promotion → Prevention</td>
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## Overview:
Participants will be able to:
- state why early brain development is critical to young children - list the basic workings of the brain itself - identify the mechanisms that determine early brain development - list at least three complications to healthy brain development in young children - identify at least three ways to promote healthy brain development in young children.

## Target Audience:
Early Childhood Educators

## Target Audience:
Early Childhood Educators

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion → Prevention

## Certification or Credit Offered:
- 2 Training hours

## Location and Duration:
- Available upon request

## Cost of Training to Participant:
- Available upon request

## Training Website:
http://www.collaborative.org/events-and-courses/

## Contact Information:
413-588-5568
# Trauma Informed Care

## Training Entity and Partners:
Collaborative for Educational Services (CES)

## Overview:
During this workshop, we will look at Trauma Informed Care and shifting the focus from 'what is wrong with you' to 'what has happened to you.' We will look at the definition of trauma, how trauma impacts neurodevelopment and social and emotional development. Participants will be able to identify multiple ways to support young children who have experienced trauma by looking through a trauma informed lens. We will also discuss self-care when working with populations who have experienced trauma.

## Target Audience:
Early Childhood Educators

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

## Certification or Credit Offered:
- 2-6 training hours

## Location and Duration:
- Available upon request

## Cost of Training to Participant:
- Available upon request

## Training Website:
http://www.collaborative.org/events-and-courses/

## Contact Information:
413-588-5568
## Training Entity and Partners:
Collaborative for Educational Services (CES)

## Overview:
Participants will: role of attachment in infant and toddler development

- understand the impact of trauma on infants and toddlers and the role of attachment in providing a buffer from trauma
- know why protective factors and resiliency are critical for young children who have experienced trauma and be able to list at least two protective factors and types of resiliency
- be able to identify different therapeutic treatment modalities for infants and toddler and list at least two local resources available to young children and their families.

## Target Audience:
Early Childhood Educators

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## Training Website:
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# Engaging Families in Social Emotional Learning

**Training Entity and Partners:**
Collaborative for Educational Services (CES)

**Overview:**
Participants will learn and reflect on what current research tells us about best practices in family engagement work and its importance to children's success in school and beyond. Participants will learn about resources that are available to use with families to help them support the MA twelve Social and Emotional Learning (SEL) and eight Approaches to Play and Learning (APL) Standards SEL and APL competencies at home. Participants will learn how to facilitate parents through a parent workshop that addresses the following goals:

1. Why playing with their children - also singing, reading and talking together every day - is so important to their growth and learning
2. How to focus on feelings to help children learn important skills
3. Ways to build children’s learning and self-esteem through play
4. How to follow the child’s lead in play and expand the play to create a richer learning experience
5. Play activities that will help parents connect with their child and support his or her social and emotional learning.

**Target Audience:**
Early Childhood Educators

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**Certification or Credit Offered:**
- 2-6 training hours

**Location and Duration:**
- Available upon request

**Cost of Training to Participant:**
- Available upon request

**Training Website:**
http://www.collaborative.org/events-and-courses/

**Contact Information:**
413-588-5568
### Overview:
This workshop looks at early cornerstones in Infants and toddlers' development to support them in their general and social emotional development. We will look at brain development, early attachment, continuum of development, and social emotional development. One focus will be looking at how early support and solid early building blocks will often lead to less behavioral challenges as the child gets older and help the child feel more successful and have better outcomes in early education and life.

### Target Audience:
Early Childhood Educators

### Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

### Certification or Credit Offered:
- 7 training hours

### Location and Duration:
- Available upon request

### Cost of Training to Participant:
- Available upon request

### Training Website:
http://www.collaborative.org/events-and-courses/

### Contact Information:
413-588-5568
### Social Emotional Learning & Approaches to Play and Learning - ONLINE

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**Overview:**

Participants will be able to: Identify the five Social and Emotional Learning (SEL) Competencies and eight Approaches to Play and Learning (APL) Standards and explain why they are important for children's success in school and beyond. Use the SEL and APL Standards as a lens for reflecting on and adopting new educational practices. Recognize how varied experiences and individualized needs of children may impact their social emotional development. Identify already existing daily instructional practices that support SEL/APL development. Understand the assessment cycle and the role of observation in documenting the development and progress of SEL/APL skills and give practice examples of using observation within the assessment cycle; Describe SEL/APL skill development as a continuum for each child and reflect on how ongoing and daily assessment can inform their practice to support and promote individual growth at the child’s pace. Describe key components of a strengths-based partnership with families.

**Target Audience:**

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**Cost of Training to Participant:**

• Available upon request

**Training Website:**

http://www.collaborative.org/events-and-courses/

**Contact Information:**

413- 588-5568
**Training Entity and Partners:**
Collaborative for Educational Services (CES)

**Overview:**
Through this workshop, participants will be able to define the term Early Childhood Mental Health and understand its relationship to infants and toddlers. We will look at indicators of typical social-emotional development and complications that can interfere with social-emotional development in infants and toddlers. Participants will also be able to identify red flags in development that indicate a possible need for intervention, how to work with caregivers to support these young children and what local resources are available.

**Target Audience:**
Early Childhood Educators

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## Training Entity and Partners:
Connected Beginnings Training Institute; Wheelock College

## Overview:
The IN-TIME Train-the-Trainer is designed to support facilitators who will be training Early Intervention (EI) practitioners on the IN-TIME curriculum. Participants will learn how to effectively guide EI practitioners in embedding and integrating an infant mental health perspective into their assessments and interventions with infants, toddlers and their families. Follow up mentoring and consultation sessions are provided in addition to the 30 hour IN-TIME curriculum seminar. Participants who successfully complete this training will be qualified to deliver the IN-TIME training in Massachusetts.

## Target Audience:
Facilitators who train EI providers on IN-TIME curriculum.

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

## Certification or Credit Offered:
For information about professional development credit opportunities, contact the Connected Beginnings Training Institute.

## Location and Duration:
- For training availability contact the Connected Beginnings Training Institute.
- 30 hours of training, plus 10 hours of face-to-face and web-based mentoring in teaching and facilitating IN-TIME curriculum.

## Cost of Training to Participant:
- For fee information contact Connected Beginnings.

## Training Website:
http://connectedbeginnings.org/professional-development/trainings

## Contact Information:
Infant/Early Childhood Mental Health Content Manager
ecallejas@wheelock.edu
IN-TIME Training for Infant Mental Health

Training Entity and Partners:
Connected Beginnings Training Institute; Wheelock College

Overview:
This training enhances EI practitioners focus on babies’ and toddlers’ social and emotional development and evolving relationships with their parents and other significant caregivers. The training is grounded in the most current research on the central role of relationships to, and their influence upon, early brain development. Awareness of cultural similarities and differences, as well as the integration of social-emotional screening and assessment tools, is also included.

Target Audience:
Early Intervention Practitioners from a wide range of educational backgrounds and disciplines. Participation from directors and supervisors is also strongly encouraged, as their participation helps embed skills and knowledge gained into EI practice.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

Certification or Credit Offered:
For information about professional development credit opportunities, contact the Connected Beginnings Training Institute.

Location and Duration:
- For training availability contact the Connected Beginnings Training Institute.
- This is a training hybrid of 12 hours of seminar style modules and 2, 1.5 hour online modules.

Cost of Training to Participant:
- For fee information contact Connected Beginnings.

Training Website:
http://connectedbeginnings.org/professional-development/trainings

Contact Information:
Infant/Early Childhood Mental Health Content Manager
ecallejas@wheelock.edu
Training Entity and Partners:
Connected Beginnings Training Institute; Wheelock College

Overview:

The course combines elements from the CSEFEL Infant Toddler and Preschool Modules and was conceived and developed as an introduction to the CSEFEL Pyramid Model. It provides information about the model and is a piece of a larger, statewide effort to improve Massachusetts providers’ knowledge and competence in the area of young children’s social-emotional and behavioral development and needs. Course sessions include: social emotional development within the context of relationships; ways that children communicate their needs; designing and assessing environments; developing social and emotional competence; and creating a plan for a child with persistent challenging behavior. Free materials for providers to use with children in a variety of care giving settings are included.

Target Audience:
Professionals who work with young children including: child care providers, including family child care; Head Start providers; public school personnel; Early Intervention Specialists; Mental Health Clinicians; and Home Visitors.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Intervention

Certification or Credit Offered:
1.5 CEU credits

Location and Duration:
- Held in various locations across Massachusetts.
- 15 hours total: Six, 2-hour sessions and three, 1-hour Structured Field Experience assignments.

Cost of Training to Participant:
- For fee information contact Connected Beginnings.

Training Website:
http://connectedbeginnings.org/professional-development/trainings

Contact Information:
Infant/Early Childhood Mental Health Content Manager
callejas@wheelock.edu
Training Entity and Partners:
Connected Beginnings Training Institute; Wheelock College

Overview:
A training series founded on the evidenced-based CSEFEL parent training modules. Participants will learn a step-by-step curriculum-based approach to help parents and family members develop positive and effective skills, promote their children’s social and emotional well-being and address behavior challenges. The training promotes strategies that may be used in supporting positive parent-child interactions and behavior in both home and community settings. Participants will also learn about the essential role parents and other caregivers play in the Pyramid Approach and have the opportunity to exchange information and ideas about engaging parents during home visits, groups, and in one-on-one discussions regarding the social-emotional and behavior support needs of their children.

Target Audience:
Professionals who work with family members.

Tiers of Support/Level of Training Intensity:
• Universal/Promotion --> Preventive Strategies

Certification or Credit Offered:
1 CEU credits

Location and Duration:
• For training availability contact the Connected Beginnings Training Institute.
• 6 hour training

Cost of Training to Participant:
• For fee information contact Connected Beginnings.

Training Website:
http://connectedbeginnings.org/professional-development/trainings

Contact Information:
Infant/Early Childhood Mental Health Content Manager
ecallejas@wheelock.edu
### Training Entity and Partners:
Connected Beginnings Training Institute; Wheelock College

### Overview:
This series offers advanced early childhood practitioners the opportunity to become qualified CSEFEL trainers. Massachusetts Trainers are required to complete both the CSEFEL Infant-Toddler and Preschool Trainer modules. Trainers are drawn from diverse infant and early childhood disciplines, cultural and linguistic capabilities, program settings and sectors. Connected Beginnings Training Institute maintains a comprehensive registry of qualified CSEFEL trainers from across Massachusetts and is able to help match trainers to communities and programs interested in CSEFEL Pyramid Model implementation.

### Target Audience:
Advanced early childhood practitioners from a range of infant and early childhood disciplines.

### Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

### Certification or Credit Offered:
For information about professional development credit opportunities, contact the Connected Beginnings Training Institute.

### Location and Duration:
- Varies
- 3 days

### Cost of Training to Participant:
- For fee information contact Connected Beginnings.

### Training Website:
http://connectedbeginnings.org/professional-development/trainings

### Contact Information:
Infant/Early Childhood Mental Health Content Manager
ecallejas@wheelock.edu
### Training Entity and Partners:
Connected Beginnings Training Institute; Wheelock College

### Overview:
This workshop provides advanced training in the CSEFEL Pyramid Model and practices with an emphasis on the skills necessary to provide technical assistance and/or training to early childhood staff in settings committed to implementing the Pyramid Model program-wide. Participants are trained in the unique aspects of the Pyramid Model approach to Coaching including the collaborative process, competency-building skills, providing effective feedback, and using the Pyramid Model data collection instruments.

### Target Audience:
Early childhood practitioners who have already participated in the CSEFEL Train-the-Trainer.

### Tiers of Support/Level of Training Intensity:
- Implementation/Practice Level

### Certification or Credit Offered:
For information about professional development credit opportunities, contact the Connected Beginnings Training Institute.

### Location and Duration:
- Varies
- 3 meetings for a total of 12 hours of training.

### Cost of Training to Participant:
- For fee information contact Connected Beginnings.

### Training Website:
http://connectedbeginnings.org/professional-development/trainings

### Contact Information:
Infant/Early Childhood Mental Health Content Manager
ecallejas@wheelock.edu
Adopting the CSEFEL Pyramid Model Program-Wide Training

**Training Entity and Partners:**
Connected Beginnings Training Institute; Wheelock College

**Overview:**
This training is for agencies and programs committed to increasing the use of CSEFEL evidence-based, social emotional early childhood practices in early care and education settings. Program-wide implementation involves the program-wide adoption of CSEFEL’s tiered model of practices and procedures for providing support to children and families. The training takes program staff through a guided, step-by-step process necessary for program-wide implementation.

**Target Audience:**
This training is appropriate and recommended only for programs with staff and leadership who have already participated in the CSEFEL Train-the-Trainer, Train-the-Coach and Foundations training and who are ready to implement the Pyramid Model to scale in their agency, program, and/or classrooms.

**Tiers of Support/Level of Training Intensity:**
- Implementation/Practice Level

**Certification or Credit Offered:**
For information about professional development credit opportunities, contact the Connected Beginnings Training Institute.

**Location and Duration:**
- Varies
- 2 day, 12 hour training.

**Cost of Training to Participant:**
- For fee information contact Connected Beginnings.

**Training Website:**
http://connectedbeginnings.org/professional-development/trainings

**Contact Information:**
Infant/Early Childhood Mental Health Content Manager
ecallejas@wheelock.edu
Parents Interacting with Infants (PIWI)

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**Overview:**

This training was developed to enhance the social emotional development of infants and toddlers through parent-child interactions and relationships. Topics include: Making Connections; Making it Happen; Why do Children Do What They Do?; Teach Me What To Do and; Facing the Challenge (Parts 1 & 2). Free training materials include a script, PowerPoint, participant handouts, a family workbook, a facilitator’s guide, videos and nine examples for parent-child play-group sessions.

**Target Audience:**

Professionals who work with family members, including home visitors and parent-child group facilitators.

**Certification or Credit Offered:**

For information about professional development credit opportunities, contact the Connected Beginnings Training Institute.

**Location and Duration:**

• Varies
• 1 day training

**Cost of Training to Participant:**

• For fee information contact Connected Beginnings.

**Training Website:**

http://connectedbeginnings.org/professional-development/trainings

**Contact Information:**

Infant/Early Childhood Mental Health Content Manager
ecalejas@wheelock.edu
# Top of the Pyramid Skills (TOPS)

## Training Entity and Partners:
Connected Beginnings Training Institute; Wheelock College; Department of Mental Health; Department of Public Health

## Overview:
The Top of the Pyramid Skills (TOPS) training is a 16-hour experience including 12 hours of training time, and 4 hours of field experience exercises. This course covers the best practice use of the Pyramid Model of Positive Behavior Support (CSEFEL) as an intensive intervention to address challenging behavior in young children. Participants will be selected by application in teams that include a variety of professional roles, including early childhood mental health clinicians, early childhood teachers and administrators. As a prerequisite, all participants must have completed the Foundations of the CSEFEL Pyramid Model course or an equal level of training experience in the Pyramid Model approach.

## Target Audience:
Teams of early childhood mental health clinicians, early childhood educators and administrators. As a prerequisite, all participants must have completed Foundations of the CSEFEL Pyramid Model course or an equivalent level of training in the Pyramid Model approach.

## Tiers of Support/Level of Training Intensity:
- Intervention

## Certification or Credit Offered:
Continuing education units are available for educators, licensed mental health clinicians, and social workers.
The content contributes to understanding of
QRIS Standard Alignment: Category 1: Curriculum and Learning
Core Competency Area: 1: Understanding Growth and Development of Children and Youth

## Location and Duration:
- Offered in four different regions across Massachusetts
- 16-hour experience including 12 hours of training time and 4 hours of field experience exercises.

## Cost of Training to Participant:
- Free for participants in the January - May 2014 trainings. Contact Connected Beginnings for additional information.

## Training Website:
http://connectedbeginnings.org/professional-development/trainings

## Contact Information:
Infant/Early Childhood Mental Health Content Manager
ecallejas@wheelock.edu
## Family Nurturing Center Customized Training Programs

<table>
<thead>
<tr>
<th>Training Entity and Partners:</th>
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<tbody>
<tr>
<td>Family Nurturing Center of Massachusetts</td>
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<table>
<thead>
<tr>
<th>Overview:</th>
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<tr>
<td>An experienced team of multicultural professionals at the Family Nurturing Center (FNC) of Massachusetts provides a wide range of training opportunities for both professionals and parents. Trainings vary in length and are customized for each particular audience. FNC provides training in English, Spanish, and Cape Verdean Creole and will train on-site or at other convenient locations. Topics include: nurturing discipline, facilitating parent groups, brain development, promoting early literacy, and building a team that supports families. FNC provides customized training programs and consultation in the following areas:</td>
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| - Nurturing Program Development Trainings (including cultural adaptations) |
| - Family and Parenting Support (including fathers) |
| - Team Building |
| - Community and Program Development |
| - Early Childhood Development (including Infant Massage) |
| - Nurturing Discipline |
| - Brain Development |
| - Promoting Social and Emotional Learning in Early Childhood |
| - Parent leadership |
| - Let’s Decrease Our Screen Time |

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<thead>
<tr>
<th>Target Audience:</th>
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<tr>
<td>A range of providers who work with young children and families. Some trainings are also available to parents.</td>
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<thead>
<tr>
<th>Tiers of Support/Level of Training Intensity:</th>
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<tr>
<td>Universal/Promotion --&gt; Preventive Strategies</td>
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<tr>
<th>Certification or Credit Offered:</th>
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<td>Professional development certificates and continuing education credits may be arranged.</td>
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<th>Location and Duration:</th>
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<tr>
<td>- Trainings provided at FNC, on-site of program requesting training or at other convenient locations.</td>
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<tr>
<td>- For further information about training availability, please contact the Family Nurturing Center.</td>
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<tr>
<th>Cost of Training to Participant:</th>
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<tr>
<td>- Fees vary for individual training offerings. Contact FNC for more information.</td>
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<tr>
<th>Training Website:</th>
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<tbody>
<tr>
<td><a href="http://www.familynurturing.org/programs-training.htm">http://www.familynurturing.org/programs-training.htm</a></td>
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<tr>
<th>Contact Information:</th>
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<tbody>
<tr>
<td>Sue Parker</td>
</tr>
<tr>
<td>Director of Nurturing Programs and Training</td>
</tr>
<tr>
<td>617-474-1143 x236</td>
</tr>
</tbody>
</table>
### Training Entity and Partners:
Family Nurturing Center of Massachusetts

### Overview:
Nurturing Programs are validated, internationally recognized curricula that promote nurturing relationships among all family members while building community connections to support positive parenting. This interactive workshop provides an opportunity for participants to learn more about the nurturing philosophy and to experience elements of a Nurturing Program. Topics include: values and constructs underlying the Nurturing Program, creating a safe and fun environment for learning, communicating love and respect, exploring needs and feelings, promoting positive discipline, and implementing a Nurturing Program. Completion of this training is a prerequisite for becoming part of a team that delivers a Nurturing Program.

### Target Audience:
Individuals and organizations that support young children and their caregivers including family support providers, community non-profits, faith-based organizations, Early Intervention, and more.

### Tiers of Support/Level of Training Intensity:
Universal/Promotion --> Prevention

### Certification or Credit Offered:
Contact the FNC for information about professional development credit opportunities.

### Location and Duration:
- Contact FNC
- 3 day, 18 hour training.
- Contact FNC for training availability.

### Cost of Training to Participant:
Contact FNC for fee information.

### Training Website:
http://www.familynurturing.org/programs-training.htm

### Contact Information:
Sue Parker
Director of Nurturing Programs and Training
617-474-1143 x236
<table>
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<tr>
<th>Training Entity and Partners:</th>
<th>Tiers of Support/Level of Training Intensity:</th>
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<tr>
<td>Family Nurturing Center of Massachusetts</td>
<td>• Implementation/Practice Level</td>
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**Overview:**

Delivery of a quality Nurturing Program depends on a team of people who are committed to the philosophy of the program, understand the curriculum concepts and activities, are skilled in working with groups of parents and/or children, and are clear on the role they will play to ensure that the program is successful. The Nurturing Program Team Orientation Training builds this team by preparing individuals who have agreed to deliver a specific Nurturing Program to work together in accomplishing the many tasks involved in program implementation. Workshops cover topics such as: Calendar and logistics planning; Enrolling families; Establishing a weekly routine; Engaging and keeping families involved; Leading a parent group; Leading children’s groups; Family nurturing time; Curriculum Planning and preparation; Individual roles and responsibilities and; Supporting the team.

- Skill-based

**Target Audience:**

Individuals who have agreed to deliver a specific Nurturing Program and who have completed the "Introduction to Basic Skills: Developing Nurturing Families and Communities" training. Before starting delivery of a specific program, these individuals may join a Nurturing Team and then participate in the Team Orientation.

**Certification or Credit Offered:**

Contact the FNC for information about professional development credit opportunities.

**Location and Duration:**

- Contact FNC
- Trainings are scheduled by FNC with the sponsoring organization. Orientations vary in length and content, depending on the size of the group and their previous experience with Nurturing Programs. On average the orientation lasts from 6-14 hours.

**Cost of Training to Participant:**

Contact FNC for fee information.

**Training Website:**

http://www.familynurturing.org/programs-training.htm

**Contact Information:**

Sue Parker
Director of Nurturing Programs and Training
617-474-1143 x236
**Training Entity and Partners:**
The Institute for Education and Professional Development, Inc. (IEPD). The development of this course was funded by an EEC Early Learning Challenge Grant and developed in collaboration with EEC, ESE, and CES.

**Overview:**
Educators, parents and policymakers who recognize that the core SEL competencies are necessary for effective life functioning also know these skills can be taught. Extensive research demonstrates that school-based SEL programs and practices can promote and enhance students’ academic achievement, positive behavior, and connection to school (CASEL). This 10-hour course, approved for 1 CEU, reviews the new MA Preschool and Kindergarten Social and Emotional Learning, and Approaches to Play and Learning Standards (SEL/APL Standards) and provides strategies for using the Standards intentionally to support all children in early education settings.

**Target Audience:**
Mixed audience

**Tiers of Support/Level of Training Intensity:**
- Implementation/Practice Level

**Certification or Credit Offered:**
10 EEC hours; Meets Core Competency Area 1. Understanding the Growth and Development of Children and Youth

**Location and Duration:**
Contact IEPD for more information

**Cost of Training to Participant:**
Contact IEPD for more information

**Training Website:**
http://www.familynurturing.org/programs-training.htm

**Contact Information:**
Sue Parker
Director of Nurturing Programs and Training
617-474-1143 x236
## Foundations for Promoting Positive Behavior

### Training Entity and Partners:
Institute for Education and Professional Development (IEPD)

### Overview:
Challenging behavior can be a result of a need for social and emotional skill development. Using the Pyramid Model, participants will explore the importance of establishing and maintaining positive relationships and designing an environment and activities that promote social and emotional skill development. During this training, participants will learn and practice techniques that promote positive behavior and prevent challenging behavior. Resources adapted from The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) will be shared with participants for use supporting children’s social and emotional development.

### Target Audience:
Early childhood educators and family child care providers

### Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

### Certification or Credit Offered:
- 5 EEC hours
- 1.5 CE credits
- Meets Core Competency Area 2: Guiding and Interacting with Children and Youth

### Location and Duration:
Contact IEPD for more information

### Cost of Training to Participant:
Contact IEPD for more information

### Training Website:
http://www.iepd.org/pdf/cat.pdf

### Contact Information:
The Institute for Education and Professional Development
www.iepd.org  
1.888.353.4373
# Responsive Interactions with Children Birth to Age 5 and The Arnett Caregiver Interaction Scale

## Training Entity and Partners:
Institute for Education and Professional Development (IEPD)

## Overview:
Brain development research indicates that the degree of responsive caregiving that children receive as infants and toddlers positively affects the architecture of the brain itself, thereby promoting healthy development. All children need to be cared for by individuals that are genuinely caring for them and are responsive to their needs. Responsive interactions are provided by parents and caregivers who are nurturing within the context of protective and stable relationships. In this training, participants will review the developmental needs of children birth to age 5 and the elements of supportive interactions. Within the context of the Arnett Caregiver Interaction Scale, participants will consider individual needs and how to encourage, nurture, and guide each child. The components of the Arnett Caregiver Interaction Scale and elements of the Classroom Assessment Scoring System (Class™) will be used to frame the session. Participants will discuss use of the Arnett as a self-assessment tool to identify strengths and areas for growth.

System (CLASS™) will be used to frame the session. Participants will discuss use of the Arnett as a self-assessment tool to identify strengths and areas for growth.

## Target Audience:
Teachers, assistant teachers, supervisors working with young children

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

## Certification or Credit Offered:
- 5 EEC hours
- 1.5 CE credits
- Meets Core Competency Area 2: Guiding and Interacting with Children and Youth

## Location and Duration:
- Contact IEPD for more information

## Cost of Training to Participant:
- Contact IEPD for more information

## Training Website:
http://www.iepd.org/pdf/cat.pdf

## Contact Information:
The Institute for Education and Professional Development
www.iepd.org
1.888.353.4373
Terrific Toddlers: Building Self Esteem While Guiding Challenging Behaviors

Training Entity and Partners:
Institute for Education and Professional Development (IEPD)

Overview:
It is well known that toddlers may exhibit challenging behavior. Educators will learn creative strategies to guide the challenging behaviors of toddlers in their programs. They will explore toddler development, designing a safe environment, and establishing trusting relationships. Participants will also learn about positive approaches to handling the “normal yet difficult” behaviors of toddlers.

Target Audience:
Early childhood educators and family child care providers.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

Certification or Credit Offered:
2.5 EEC hours - face to face
Meets Core Competency Area 2: Guiding and Interacting with Children and Youth

Location and Duration:
- Contact IEPD for more information

Cost of Training to Participant:
- Contact IEPD for more information

Training Website:
http://www.iepd.org/pdf/cat.pdf

Contact Information:
The Institute for Education and Professional Development
www.iepd.org
1.888.353.4373
### Tools for Teaching Social Emotional Competence (Spanish)

**Training Entity and Partners:**
Institute for Education and Professional Development (IEPD)

**Overview:**
Children need a strong foundation of social and emotional competency to be successful in school. Research from The Center for Social and Emotional Foundations for Early Learning (CSEFEL) will be shared as well as hands-on techniques and activities to help children develop social and emotional competence.

**Target Audience:**
Early childhood educators and family child care providers.

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**Certification or Credit Offered:**
2.5 EEC hours - face to face
Meets Core Competency Area 2: Guiding and Interacting with Children and Youth

**Location and Duration:**
• Contact IEPD for more information

**Cost of Training to Participant:**
• Contact IEPD for more information

**Training Website:**
http://www.iepd.org/pdf/cat.pdf

**Contact Information:**
The Institute for Education and Professional Development
www.iepd.org
1.888.353.4373
### The Ages & Stages Questionnaires: Social-Emotional® (ASQ:SE)

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<th>Training Entity and Partners:</th>
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<tr>
<td>The Institute for Education and Professional Development, Inc. (IEPD)</td>
<td>• Universal/Promotion</td>
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**Overview:**

The Ages & Stages Questionnaires: Social-Emotional® (ASQ: SE) is a questionnaire designed to be completed by parents and/or early childhood professionals. It addresses the emotional and social competence of young children and is used for making a referral for a diagnostic evaluation and to monitor social and emotional development. The ASQ:SE will be introduced including interview and scoring procedures, interpretation of results, and making referral decisions. You will have the opportunity to complete two case studies, one on an infant, and one on a toddler.

**Target Audience:**

All audiences

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<th>Certification or Credit Offered:</th>
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<tbody>
<tr>
<td>3 EEC hours</td>
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<tr>
<td>Meets Core Competency Area 6: Observation, Assessment, and Documentation</td>
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**Using the Ages and Stages Questionnaire (ASQ®) in Your Program**

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<th><strong>Training Entity and Partners:</strong></th>
<th><strong>Tiers of Support/Level of Training Intensity:</strong></th>
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<tr>
<td>The Institute for Education and Professional Development, Inc. (IEPD)</td>
<td>• Universal/Promotion</td>
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**Overview:**

The Ages and Stages Questionnaire (ASQ) is a 30-item questionnaire, which parents and/or educators complete at designated intervals. ASQ assesses children in their natural environments across five key developmental areas. Results are used to quickly determine a child's progress in each area as well as alert professionals and parents about areas of concern. Our focus will be on completion of the questionnaires for specific age groups, strategies on how to complete the questionnaire with children, interpreting results, and encouraging family involvement.

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<tr>
<th><strong>Target Audience:</strong></th>
<th><strong>Certification or Credit Offered:</strong></th>
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<tbody>
<tr>
<td>Mixed audience</td>
<td>3 EEC hours</td>
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<tr>
<td></td>
<td>Meets Core Competency Area 6: Observation, Assessment, and Documentation</td>
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<tr>
<th><strong>Location and Duration:</strong></th>
<th><strong>Cost of Training to Participant:</strong></th>
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<td>The Institute for Education and Professional Development</td>
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www.iepd.org
1.888.353.4373
Creating Productive Relationships with Families and Communities

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<tr>
<td>The Institute for Education and Professional Development, Inc. (IEPD)</td>
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<th>Overview:</th>
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<tr>
<td>Relationships form the framework of quality early education and care programming in a setting where children feel safe and secure. Use of respectful collaboration results in continuity of care for the child. Throughout this training, participants will explore strategies to form productive relationships with families, and within their community, which benefit the child, family, educators, and members of the community.</td>
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<th>Target Audience:</th>
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<tr>
<td>All audiences</td>
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<tr>
<th>Certification or Credit Offered:</th>
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<tbody>
<tr>
<td>5 EEC Hours Meets Core Competency Area:</td>
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<tr>
<td>3. Partnering with Families and Communities</td>
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<th>Location and Duration:</th>
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<th>Cost of Training to Participant:</th>
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<tr>
<td>1.888.353.4373</td>
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</table>
# Developmentally Appropriate Activities for Children Under 2

## Training Entity and Partners:
The Institute for Education and Professional Development, Inc. (IEPD)

## Overview:
Every infant and toddler needs positive early learning experiences to foster their intellectual as well as social and emotional development (Zero to Three, 2014). During this time, experiences and interactions lay the foundation for later school success. In order to offer a high-quality program, infants and toddlers need individualized, responsive and stimulating developmentally appropriate experiences that occur throughout the day. In this session, participants will revisit infant/toddler development and explore providing sensory learning experiences based upon each child’s needs.

## Target Audience:
Mixed audience

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion

## Certification or Credit Offered:
5 EEC Hours Meets Core Competency Area:
3. Partnering with Families and Communities

## Location and Duration:
- Contact IEPD for more information

## Cost of Training to Participant:
- Contact IEPD for more information

## Training Website:
http://www.iepd.org/pdf/cat.pdf

## Contact Information:
The Institute for Education and Professional Development
www.iepd.org
1.888.353.4373
Children Under Stress

Training Entity and Partners:
The Institute for Education and Professional Development, Inc. (IEPD)

Overview:
Researchers from the University of Michigan identified that stress in children ranks in the top five child health concerns (C.S. Mott Children’s Hospital, 2010). Some stress is both normal and, in fact, healthy, as it gives us opportunities for growth, such as fear of the dark and finding strategies to manage that fear. Stress in moderation supports the learning process as it can be motivating and increase productivity. However, when stress causes imbalance in a child's life, it can have life-long negative consequences. Children react in many different ways to stress. In this course, we will identify some of the causes of extreme stress in children, such as grief, illness, poverty, abuse, witnessing violence, and other traumas. During this training, participants will learn more about children under stress and strategies to help young children cope with chronic stress.

Target Audience:
Educators, directors, and staff in licensed early education and care programs, family childcare educators, private and public preschool programs

Tiers of Support/Level of Training Intensity:
• Universal/Promotion

Certification or Credit Offered:
5 EEC Hours Meets Core Competency Area:
3. Partnering with Families and Communities

Location and Duration:
Contact IEPD for more information

Cost of Training to Participant:
Contact IEPD for more information

Training Website:
http://www.iepd.org/pdf/cat.pdf

Contact Information:
The Institute for Education and Professional Development
www.iepd.org
1.888.353.4373
# Understanding and Supporting Young Children Impacted by Trauma

**Training Entity and Partners:**
Institute for Health and Recovery

**Overview:**
This training provides an opportunity to learn about risk and resilience in young children and their families, including approaches and strategies.

In this training participants will:

- Understand effects of trauma on children and learn strategies to support children and families impacted by trauma;
- Identify risk and protective factors for children exposed to traumatic events and what they can do as professionals to help;
- Understand impact of trauma on attachment and attunement of the young child;
- Explore principles of Child-Parent Psychotherapy and ways to implement them to create a trauma-informed environment and support the children and families in their care. Note: Any segment of the training can be a topic for a more in-depth training.

**Target Audience:**
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, social workers, etc.

**Tiers of Support/Level of Training Intensity:**
- Prevention --> Intervention

**Certification or Credit Offered:**
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

**Location and Duration:**
- Location varies and be provided on-site of requesting organization.
- Training length can be customized to meet audience need, from two hours to an all day training.
- Training offered by request.

**Cost of Training to Participant:**
For fee information, contact the Institute for Health and Recovery

**Training Website:**
www.healthrecovery.org

**Contact Information:**
617-661-3991
# Substance Use and its Effects on Young Children and Families

**Training Entity and Partners:**
Institute for Health and Recovery

**Overview:**
This training will enhance the skills of staff who work with young children and their families by providing them with context information regarding the development and characteristics of substance use disorder; a frame for working with families to recover together; and specific strategies for working with children and families to build resilience, attachment, and social-emotional competence.

In this training participants will:
- Gain an understanding of substance use, misuse, and dependence;
- Become familiar with different types of drugs of choice, their street names, and symptoms;
- Learn effect different drugs have on maternal/fetal/neonatal health and child development;
- Increase understanding of how substance abuse effects the parent-child relationship;
- Understand strength-based strategies to support parents affected by substance use and;
- Gain knowledge about substance use disorder assessment and treatment resources.

Note: Any segment of the training can be a topic for a more in-depth training.

**Target Audience:**
Practitioners working with young children and/or families including child care educators,

**Early Intervention practitioners, homeless shelter staff, social workers, etc.**

**Tiers of Support/Level of Training Intensity:**
- Prevention --> Intervention

**Certification or Credit Offered:**
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

**Location and Duration:**
- Location varies and be provided on-site of requesting organization.
- Training length can be customized to meet audience need, from two hours to an all day training.
- Training offered by request.

**Cost of Training to Participant:**
For fee information, contact the Institute for Health and Recovery

**Training Website:**
www.healthrecovery.org

**Contact Information:**
617-661-3991
Normal Child Sexual Development vs. Signs of Possible Abuse

Training Entity and Partners:
Institute for Health and Recovery

Overview:
This training provides the basics of normal child sexual development as well as information on when behaviors may indicate inappropriate exposure to sexual material or touch. In this training participants will learn:

• Definition of childhood sexual abuse;
• Normal sexual development;
• General possible signs;
• Amber and red flags;
• How to talk to parents about normal sexual development;
• How to talk to parents about amber and red flags;
• The importance self-care and how to better practice it.

Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

Tiers of Support/Level of Training Intensity:
• Prevention --> Intervention

Certification or Credit Offered:
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

Location and Duration:
• Location varies and be provided on-site of requesting organization.
• Training length can be customized to meet audience need, from two hours to an all day training.
• Training offered by request.

Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

Training Website:
www.healthrecovery.org

Contact Information:
617-661-3991
# Emotional Regulation for All

## Training Entity and Partners:
Institute for Health and Recovery

## Overview:
This training teaches the early developmental framework of emotional regulation (ER); considerations for working with substance-exposed children and substance use parents; and explores techniques to support ER needs for infants/children, caregivers and professionals by using a reflective perspective. In this training participants will:

- Gain understanding and working knowledge of the early developmental underpinnings of ER between infant and primary caregiver;
- Enhance awareness for the communication between infant and caregiver and increase understanding of how ER builds trust and secure attachment;
- Gain a reflective perspective for the ER developmental challenges facing substance exposed infant/child and parents with substance use issues;
- Gain techniques used to increase emotional regulation capacities in early childhood, caregivers and professionals.

## Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention and home visitor practitioners, homeless shelter/residential staff, social workers, in-home and out-patient professionals etc.

## Tiers of Support/Level of Training Intensity:
- Prevention --> Intervention

## Certification or Credit Offered:
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

## Location and Duration:
- Location varies and be provided on-site of requesting organization.
- Training length can be customized to meet audience need, from two hours to an all day training.
- Training offered by request.

## Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

## Training Website:
www.healthrecovery.org

## Contact Information:
617-661-3991
## Motivational Interviewing

### Training Entity and Partners:
Institute for Health and Recovery

### Overview:
This training provides an introduction and practice in Motivational Interviewing, a useful approach for working with caregivers. In this training participants will learn:

- Definition and effects of trauma on children, adults, and families;
- Specific vulnerabilities of young children;
- Skills for helping children and families affected by trauma;
- The risks for secondary/vicarious trauma and how to address it;
- The characteristics of a trauma-informed organization;
- How to apply the elements of trauma-informed care to relationships with clients, coworkers, and the organization itself.

Note: Any segment of the training can be a topic for a more in-depth training.

### Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

### Tiers of Support/Level of Training Intensity:
- Prevention --> Intervention

### Certification or Credit Offered:
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

### Location and Duration:
- Location varies and be provided on-site of requesting organization.
- Training length can be customized to meet audience need, from two hours to an all day training.
- Training offered by request.

### Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

### Training Website:
www.healthrecovery.org

### Contact Information:
617-661-3991
Training Entity and Partners:
Institute for Health and Recovery

Overview:
It is becoming widely known and accepted that trauma affects large portions of the population, including children served and their caregivers. Agencies are responding to this by becoming trauma-informed and amending policies and procedures.

In this training participants will learn:
• Definition and effects of trauma on children, adults, and families;
• Specific vulnerabilities of young children;
• Skills for helping children and families affected by trauma;
• The risks for secondary/vicarious trauma and how to address it;
• The characteristics of a trauma-informed organization;
• How to apply the elements of trauma-informed care to relationships with clients, co-workers, and the organization itself.

Note: Any segment of the training can be a topic for a more in-depth training.

Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

Tiers of Support/Level of Training Intensity:
• Prevention --> Intervention

Certification or Credit Offered:
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

Location and Duration:
• Location varies and be provided on-site of requesting organization.
• Training length can be customized to meet audience need, from two hours to an all day training.
• Training offered by request.

Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

Training Website:
www.healthrecovery.org

Contact Information:
617-661-3991
### Training Entity and Partners:
Institute for Health and Recovery

### Overview:
This training provides the basic introduction to attachment, difficulties of prenatally exposed babies and young children. In this training participants will learn:

- Self-regulation abilities;
- Motor skills;
- Feeding and sleep issues;
- Cognitive issues;
- Sensory processing difficulties;
- How to support the dyadic relationship using the principles of Child Parent Psychotherapy (CPP) and Reflective Function (RF).

Note: Any segment of the training can be a topic for a more in-depth training.

### Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

### Tiers of Support/Level of Training Intensity:
- Prevention --> Intervention

### Certification or Credit Offered:
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

### Location and Duration:
- Location varies and be provided on-site of requesting organization.
- Training length can be customized to meet audience need, from two hours to an all day training.
- Training offered by request.

### Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

### Training Website:
www.healthrecovery.org

### Contact Information:
617-661-3991
Training Entity and Partners:
Institute for Health and Recovery

Overview:
Talking about difficult things with caregivers can be, well, difficult. This training will provide a framework and specific approaches for having challenging conversations. In this training participants will learn:

- The basics of Motivational Interviewing;
- To practice the basics of active listening;
- Tips for engaging parents;
- How to increase empathy;
- To care for themselves to better serve the families;
- Specific language to use when broaching difficult topics.

Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

Tiers of Support/Level of Training Intensity:
- Prevention --> Intervention

Certification or Credit Offered:
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

Location and Duration:
- Location varies and be provided on-site of requesting organization.
- Training length can be customized to meet audience need, from two hours to an all day training.
- Training offered by request.

Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

Training Website:
www.healthrecovery.org

Contact Information:
617-661-3991
Building Resilience

Training Entity and Partners:
Institute for Health and Recovery

Overview:
This training provides an opportunity to learn about resilience in young children and their families, including approaches and strategies to foster resilience. In this training participants will learn:

• What factors increase resilience in children and families;
• What caregivers can do to promote resilience in their children; If desired:
• Specific approaches to increase resilience for resisting alcohol and other drugs.

Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

Tiers of Support/Level of Training Intensity:
• Prevention --> Intervention

Certification or Credit Offered:
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

Location and Duration:
• Location varies and be provided on-site of requesting organization.
• Training length can be customized to meet audience need, from two hours to an all day training.
• Training offered by request.

Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

Training Website:
www.healthrecovery.org

Contact Information:
617-661-3991
### The Work Can Take a Toll

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<th>Tiers of Support/Level of Training Intensity:</th>
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<tbody>
<tr>
<td>Institute for Health and Recovery</td>
<td><strong>•</strong> Prevention --&gt; Intervention</td>
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#### Overview:
Working with children and families, many of whom have experienced trauma, can affect the workers. This training provides an opportunity to explore this topic. In this training participants will learn:

- Differences between Burnout/Compassion Fatigue/Vicarious Trauma and Secondary Trauma;
- Specific self-care strategies to prevent the above;
- Specific strategies for self-care when the above happens to staff.

#### Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

#### Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

#### Training Website:
[www.healthrecovery.org](http://www.healthrecovery.org)

#### Contact Information:
617-661-3991
Domestic Violence (Intimate Partner Violence): Offenders, Survivors and Child Witnesses

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<tbody>
<tr>
<td>Institute for Health and Recovery</td>
<td>• Prevention --&gt; Intervention</td>
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**Overview:**
Domestic Violence (Intimate Partner Violence) affects many of the families that early childhood providers come in contact with. This training covers what early childhood providers need to know about the topic. In this training participants will learn:

- Overview of Intimate Partner Violence (IPV);
  - Types of abusive and controlling behavior;
  - Effects on IPV survivors;
  - Effects on children who witness violence;
  - How to help the survivor of IPV;
  - How to help the child witness of IPV.

**Target Audience:**
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

**Certification or Credit Offered:**
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

**Location and Duration:**
- Location varies and be provided on-site of requesting organization.
- Training length can be customized to meet audience need, from two hours to an all day training.
- Training offered by request.

**Cost of Training to Participant:**
For fee information, contact the Institute for Health and Recovery

**Training Website:**
www.healthrecovery.org

**Contact Information:**
617-661-3991
### Training Entity and Partners:
Institute for Health and Recovery

### Overview:
In this training reflective supervision is taught as a reflective collaboration between a clinician and supervisor that builds on the clinician's use of her thoughts, feelings, and values pertaining to her relationship with clients. The supervisee reflects on her client’s behaviors and thoughts from the client’s perspective to enhance more meaningful and predictable clinical interactions. Reflective supervision complements the goals and practices of Trauma Informed Care. In this training participants will learn:

- The core concepts of Reflective Supervision;
- The benefits of Reflective Supervision for preventing burnout and improving relationships with and within the families they work with.

### Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

### Tiers of Support/Level of Training Intensity:
- Prevention --> Intervention

### Certification or Credit Offered:
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

### Location and Duration:
- Location varies and be provided on-site of requesting organization.
- Training length can be customized to meet audience need, from two hours to an all day training.
- Training offered by request.

### Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

### Training Website:
www.healthrecovery.org

### Contact Information:
617-661-3991
# Holding a Reflective Stance

## Training Entity and Partners:
Institute for Health and Recovery

## Overview:
Holding a Reflective Stance introduces participants to concepts and activities of reflective practice in multiple settings (residential treatment, clinical settings and child developmental professionals). In this training participants will learn:

- The mindset of "being with" clients and learn to cultivate a wondering, curious stance with clients/parents;
- Practice a stance of "not knowing" the parent’s or child’s experience;
- Practice how to use reflective functioning skills to assist clients/parents in understanding and meaning making from children’s behaviors.

Note: Any segment of the training can be a topic for a more in-depth training.

## Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

## Tiers of Support/Level of Training Intensity:
- Prevention --> Intervention

## Certification or Credit Offered:
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

## Location and Duration:
- Location varies and be provided on-site of requesting organization.
- Training length can be customized to meet audience need, from two hours to an all day training.
- Training offered by request.

## Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

## Training Website:
www.healthrecovery.org

## Contact Information:
617-661-3991
**Training Entity and Partners:**
Institute for Health and Recovery

**Overview:**
This training assists professionals in understanding and supporting parents and Substance Exposed Newborns (SEN) including infants with Neonatal Abstinence Syndrome (NAS). In this training participants will learn:

- Basic information about medication-assisted treatment and parental recovery challenges;
- To describe the difference between SEN and NAS, and identify NAS signs and symptoms;
- Ways to use a reflective stance when making suggestions to mothers on how to increase infant self-regulation and when providing soothing environmental choices.

**Target Audience:**
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.
### Training Entity and Partners:
Institute for Health and Recovery

### Overview:
This training introduces professionals to the figurative concepts of ghosts and angels in the nursery and explores how to support parents with substance use, mental health and trauma histories more effectively. In this training participants will learn:
- How negative and positive early relational memories become part of their current reactions and behaviors in adulthood;
- Practice thinking about the metaphorical "ghosts and angels" in clients' lives;
- Practice strategies to help parents identify and utilize the "ghosts and angels" in the parents' memory to promote positive, nurturing and thoughtful ways to parent children.

### Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

### Tiers of Support/Level of Training Intensity:
- Prevention --> Intervention

### Certification or Credit Offered:
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

### Location and Duration:
- Location varies and be provided on-site of requesting organization.
- Training length can be customized to meet audience need, from two hours to an all day training.
- Training offered by request.

### Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

### Training Website:
www.healthrecovery.org

### Contact Information:
617-661-3991
Attachment: Secure or Insecure Through the Lifespan

Training Entity and Partners:
Institute for Health and Recovery

Overview:
This training will focus on different classifications of attachment, implications for later life, and approaches to mitigate the effects of insecure attachment. In this training participants will learn:

- The features of secure attachment;
- The features and classifications of insecure attachment;
- The effects of different attachment classifications through adulthood;
- How to intervene with insecure attachments.

Target Audience:
Practitioners working with young children and/or families including child care educators, Early Intervention practitioners, homeless shelter staff, child welfare workers, home visitors, DCF workers, outpatient and in-home professionals, social workers, etc.

Tiers of Support/Level of Training Intensity:
- Prevention --&gt; Intervention

Certification or Credit Offered:
Professional development credits are available for certain disciplines. Contact the Institute for Health and Recovery for more information.

Location and Duration:
- Location varies and be provided on-site of requesting organization.
- Training length can be customized to meet audience need, from two hours to an all day training.
- Training offered by request.

Cost of Training to Participant:
For fee information, contact the Institute for Health and Recovery

Training Website:
www.healthrecovery.org

Contact Information:
617-661-3991
# Infant Mental Health Fellowship Certificate Program

## Training Entity and Partners:
Jewish Family & Children’s Service (JF&CS); Infant-Parent Training Institute (IPTI)

## Overview:
A part-time postgraduate program offering course work across 2 years. Students who complete all 3 program components are eligible for the Certificate in Infant Mental Health. Each course can also be taken independently, outside of the certificate program. Coursework includes:

- **Year 1:** Infant-Parent Development Seminar and; Integrative Seminar
- **Year 2:** Assessment and Intervention Seminar and; Clinical Training and Supervision
- **Infant Observation Course** (Can be taken prior to enrollment in Fellowship program or during Year 1.)

## Target Audience:
Professionals from multiple disciplines including: social work, psychology, counseling, psychiatry, pediatrics, early education/child care, nursing and allied health fields.

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Treatment
- Fulfills MA AIM Competency Guidelines for Workforce Development at Level III

## Certification or Credit Offered:
For information about professional development credit opportunities, contact JF&CS.

## Location and Duration:
- For further information about the Fellowship program, contact JF&CS.
- Offered annually. Fellowship program meets on alternate Friday mornings from 9:00AM - 1:15PM, a total of 20 sessions from September until June. The infant observation course meets for an additional two hours per week from September until June.

## Cost of Training to Participant:
- Tuition Year 1: $3,300
- Tuition Year 2: $3,300
- Infant Observation: $1900

## Training Website:

## Contact Information:
Jewish Family & Children’s Service (JF&CS) 781-647-5327
info@jfcsboston.org
Year 1 Curriculum:
Infant Parent Development Seminar

Training Entity and Partners:
Jewish Family & Children’s Service (JF&CS); Infant-Parent Training Institute (IPTI)

Overview:
The Seminar provides a multi-disciplinary approach to conceptualizing how infants and their caregivers grow and develop together within the earliest relationships. Participants explore theories of attachment, infant and parent development, and the impact of early experiences, including trauma, on development through the lifespan. The course focuses on integrating developmental and relational theory to understand the ways in which infants and their caregivers express their emotions, intentions, and conflicts.

Target Audience:
Professionals from multiple disciplines including: social work, psychology, counseling, psychiatry, pediatrics, early education/child care, nursing, and allied health fields.

Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Treatment

Certification or Credit Offered:
For information about professional development credit opportunities, contact JF&CS.

Location and Duration:
- For further information about the Fellowship program, contact JF&CS.
- Offered annually. Fellowship program meets on alternate Friday mornings from 9:00AM - 1:15PM, a total of 20 session from September until June.
- Fellows may choose to take Year 1 only. After completing Year 1, fellows submit a brief application for continuation into Year 2.

Cost of Training to Participant:
Tuition Year 1: $3,300

Training Website:

Contact Information:
Jewish Family & Children’s Service (JF&CS) 781-647-5327
info@jfcsboston.org
Year 2 Curriculum:
Assessment and Intervention Seminar

Training Entity and Partners:
Jewish Family & Children’s Service (JF&CS); Infant-Parent Training Institute (IPTI)

Overview:
In this Seminar, students are introduced to a range of assessment tools appropriate for children birth to five, as well as tools and approaches that assess parent representations, risks, and strengths in the early care giving environment and parent-child interactions and relationships. Students become familiar with a range of intervention strategies, approaches, and models including parent-infant and parent-child psychotherapy, Circle of Security, Minding the Baby, Nurse-Family Partnership, etc. We consider the impact on the parent-child relationship of special circumstances, such as parental depression, trauma, prematurity, special needs, adoption, and foster care.

Target Audience:
Professionals from multiple disciplines including: social work, psychology, counseling, psychiatry, pediatrics, early education/child care, nursing, and allied health fields.

Tiers of Support/Level of Training Intensity:
- Preventive Strategies --> Treatment

Certification or Credit Offered:
For information about professional development credit opportunities, contact JF&CS.

Location and Duration:
- For further information about the Fellowship program, contact JF&CS.
- Offered annually. Fellowship program meets on alternate Friday mornings from 9:00AM - 1:15PM, a total of 20 sessions from September until June.

Cost of Training to Participant:
Tuition Year 2: $3,300

Training Website:

Contact Information:
Jewish Family & Children’s Service (JF&CS) 781-647-5327
info@jfcsboston.org
# Year 2 Curriculum: Clinical Consultation

## Training Entity and Partners:
Jewish Family & Children’s Service (JF&CS); Infant-Parent Training Institute (IPTI)

## Overview:
Clinical work (2 cases at a time) is a requirement in the second year of the Fellowship. Some Fellows may meet the requirement for clinical work in their current professional setting. There may also be opportunities to conduct clinical work within the JFCS Center for Early Relationship Support. Cases are selected from the Fellow's work that provide the opportunity to apply the concepts and intervention approaches studied in the Fellowship to clinical work with families and children. Clinical consultation is provided for all Fellows by IPTI Faculty.

## Target Audience:
Professionals from multiple disciplines including: social work, psychology, counseling, psychiatry, pediatrics, early education/child care, nursing, and allied health fields.

## Tiers of Support/Level of Training Intensity:
- Implementation/Practice Level

## Certification or Credit Offered:
For information about professional development credit opportunities, contact JF&CS.

## Location and Duration:
- For further information about the Fellowship program, contact JF&CS.
- Over the course of one year. Additionally, Fellows are paired up for consultation with IPTI faculty and meet for one hour, every other week, at a time to be arranged.

## Cost of Training to Participant:
Tuition Year 2: $3,300

## Training Website:

## Contact Information:
Jewish Family & Children’s Service (JF&CS) 781-647-5327
info@jfcsboston.org
# Infant Observation Course

## Training Entity and Partners:
Jewish Family & Children’s Service (JF&CS); Infant-Parent Training Institute (IPTI)

## Overview:
Observing infants in their family setting forms the foundation for understanding early development and the parent-child relationship. The experience of close observation builds awareness of the observer’s internal experiences and responses, a critical base for therapeutic work. The course includes a weekly two-hour small group seminar, weekly one-hour observations of an infant-parent dyad, written observations, and readings on aspects of infant observation, development, and infant-parent interaction.

## Target Audience:
Professionals across a wide spectrum of disciplines. Previous students have included social workers, psychiatrists, psychologists, early childhood educators, nurses, occupational and physical therapists, and early intervention specialists.

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

## Certification or Credit Offered:
CEUs available for certain disciplines.

## Location and Duration:
- Waltham, MA; Brookline, MA; and Providence, RI
- Meets for 2 hours, weekly, from September to early June.

## Cost of Training to Participant:
$1900

## Training Website:

## Contact Information:
Eda Spielman, Psy.D
JF&CS
781-693-5618
espielman@jfcsboston.org
**Training Entity and Partners:**
Jewish Family & Children’s Service (JF&CS); Infant-Parent Training Institute (IPTI)

**Overview:**
A mother’s mental health affects her own sense of self, the well-being of her children, her close relationships, and the functioning of the family. A mother of an infant or young child who is struggling with depression, anxiety, or other emotional difficulties faces multiple challenges in coping and parenting. This course will examine the profound emotional transformation of becoming a mother, the influence of culture on maternal mental health, and the impact of mental health on the parent-child relationship. Included in the class sessions are issues of trauma, inter-generational parenting patterns, research on maternal depression, and mothering under special circumstances. Use of video and opportunities for exploring case material will be provided.

**Target Audience:**
Professionals from multiple disciplines including social work, psychology, counseling, psychiatry, pediatrics, early education/child care, nursing, and allied health fields.

**Tiers of Support/Level of Training Intensity:**
- Universal/Promotion --> Intervention

**Certification or Credit Offered:**
CEUs for some disciplines are available. For more information contact JF&CS.

**Location and Duration:**
- Jewish Family & Children’s Service 1430 Main St. Waltham, MA 02451
- Meets for 2 hours weekly over 8 weeks.

**Cost of Training to Participant:**
$690

**Training Website:**

**Contact Information:**
Jewish Family & Children’s Service (JF&CS)
781-647-5327
info@jfcsboston.org
# Master Classes

## Training Entity and Partners:
Jewish Family & Children’s Service (JF&CS); Infant-Parent Training Institute (IPTI)

## Overview:
Nationally recognized professionals present their work and research in a half day symposium. Recent Master Class’s include:

- Dr. Nancy Suchman, Yale University, on Mothering from the Inside Out: An Attachment-Based Intervention for Mothers with Substance Abuse Disorders,
- Dr. Amy Banks, Wellesley College, Jean Baker Miller training institute on Love and PTSD: Understanding the Impact of Interpersonal Violence in Families with Babies and Young Children
- Dr. Margaret Blaustein, Director of Training and Education at The Trauma Center of the Justice Resource Institute will present on Treatment of Complex Childhood Trauma: A Flexible Approach for Supporting Resilience in Children and Families.

## Target Audience:
Infant-Parent Training Institute Participants and other interested professionals.

## Tiers of Support/Level of Training Intensity:
- Preventive Strategies --> Treatment

## Certification or Credit Offered:
CEUs for some disciplines are available. For more information contact JF&CS.

## Location and Duration:
- For further information about Master Classes, contact JF&CS.
- 3 hour seminar.
- Master Classes are held several times per year and are facilitated by guest speakers on a variety of infant-parent mental health topics.

## Cost of Training to Participant:
$40

## Training Website:

## Contact Information:
Deborah Walker
Administrative Coordinator
781-693-5652
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<td>Parent/Professional Advocacy League (PPAL)</td>
<td>• Universal/Promotion --&gt; Prevention</td>
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**Overview:**

Meeting the Mental Health Needs of Students in School will give parents/caregivers a foundation and the steps to build on in order to advance their advocacy skills. It was crafted to build knowledge around the Special Education and Individualized Education Program (IEP) process.

Topics include: how to identify, document and communicate your concerns, evaluations, support plans, team meetings and letter writing with the focus on the student’s emotional/behavioral/mental health challenges and the supports that students may need to access the curriculum and life of the school.

**Target Audience:**

Parents and caregivers.

**Certification or Credit Offered:**

N/A

**Location and Duration:**

• Contact PPAL for more information.

**Cost of Training to Participant:**

• Contact PPAL for more information.

**Training Website:**

http://ppal.net/training/trainings-for-families

**Contact Information:**

info@ppal.net
## Trauma Informed Pyramid Model

### Training Entity and Partners:
Early Childhood Training Institute at The Home for Little Wanderers

### Overview:
The Pyramid Model is a tiered intervention framework for supporting improved social emotional outcomes in young children. This course will explore how the Pyramid Model promotes social emotional development, targeted supports for at risk children, and individualized intensive interventions for children with persistent challenges through a trauma informed lens. The impact of acute and chronic traumatic experiences on early childhood brain development, self regulation, and behavioral and emotional regulation will be explored. The importance of nurturing and responsive relationships and high quality supportive environments will be highlighted throughout the course. Tools specific to early childhood observation, Functional Behavioral Analysis, and data collection will be introduced.

### Target Audience:
Early Childhood Educators

### Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

### Certification or Credit Offered:
1.1 CEU (This course is offered in 4 2.5-hour modules – Modules can be offered as individual sessions or in combination over 2 professional development days.)

### Location and Duration:
- Scheduled with individual programs.
- Can also schedule to make available to multiple programs – Full series is 10 hours of training

### Cost of Training to Participant:
The cost of the training programs are contingent on the number of trainers that are presenting (which is determined by group size), the length of the training, and the CEU status. 2.5-hour programs can be offered in combination for a full day of professional development, based on program needs. The Early Childhood Training Institute at The Home for Little Wanderers strives to respond to particular training needs for clients and can tailor training programs to specific needs. In these cases, the cost of the program is negotiated with the program(s) for whom the training is offered

### Training Website:
http://www.thehome.org/site/PageServer?pagename=early_education_training_institute

### Contact Information:
Gretchen Hall, Training Institute Manager
857-263-0792
Trauma Informed Pyramid Model
Module 1: What does the Pyramid Model have to do with how Children are behaving in my Classroom? Developing an Understanding

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**Overview:**

This session provides an introduction to the Pyramid Model and builds an understanding of how the Pyramid Model supports all children. Each tier of the Pyramid Model will be introduced including: the role of an effective work force; Systems and Policies that promote and sustain the use of the Pyramid Practice; Nurturing and Responsive Relationships; High Quality and Supportive Environments; Targeted Social Emotional Supports; and Intensive Interventions. Participants will also gain and understanding of the impact of trauma in early childhood, exploring different types of trauma and adult capacities to improve child outcomes. The effects of how trauma effects regulation in early childhood will be highlighted as will the notion of resiliency and the link with the Pyramid Model.

**Target Audience:**

Early Childhood Educators

**Certification or Credit Offered:**

N/A

**Location and Duration:**

• Scheduled with individual programs.
• Can also schedule to make available to multiple programs – 2.5 hours

**Cost of Training to Participant:**

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**Contact Information:**

Gretchen Hall, Training Institute Manager
857-263-0792
### Module 2: Building and Supporting Nurturing Responsive Relationships with Children

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**Overview:**
Through a guided discussion, videos, and reflective activities participants in this session will learn strategies to intentionally build and promote nurturing and responsive relationships with children. Participants will be encouraged to reflect on what qualities they seek in satisfying relationships and how there may be commonalities the needs of children in relationships. Additionally, participants will consider children in their own classroom that they have a nurturing responsive relationship with as well as children they found difficult to connect with.

**Target Audience:**
Early Childhood Educators

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**Contact Information:**
Gretchen Hall, Training Institute Manager 857-263-0792
Module 3: What does Environment have to do with Behavior? Understanding the Significance of a High Quality Supportive Environment

**Training Entity and Partners:**
Early Childhood Training Institute at The Home for Little Wanderers

**Overview:**
In this session participants will consider classroom arrangement, traffic patterns in their classroom, and the importance of visual prompts in their classroom, including rules/expectations, daily schedules, and visuals for routines. Participants will have the opportunity to see photos of multiple classroom environments and reflect on what does the environment communicate? An important focus of this session will be fostering an understanding of the importance of intentionally teaching schedules, routines, rules, and expectations.

**Target Audience:**
Early Childhood Educators

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**Location and Duration:**
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**Contact Information:**
Gretchen Hall, Training Institute Manager 857-263-0792
### Module 4: When More is Needed: Targeted Social Emotional Supports and Intensive Interventions

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**Overview:**
This session provides an overview of different types of targeted social supports and techniques including social stories, individualized schedules, the importance of using a language of feeling, ACT, first/then, timers, and finding time for positive connection. Participants will also be introduced to individualized behavior plans, de-escalation strategies for unsafe behaviors and the use of a safe/cool down space in the classroom. Emphasis will be placed on implementing the Pyramid Model in the classroom proactively to alleviate behaviors that would require intensive intervention.

**Target Audience:**
Early Childhood Educators

**Certification or Credit Offered:**
N/A

**Location and Duration:**
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- Can also schedule to make available to multiple programs – 2.5 hours

**Cost of Training to Participant:**
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**Contact Information:**
Gretchen Hall, Training Institute Manager 857-263-0792
# Understanding Early Childhood Trauma: A Relational Approach to Fostering Resiliency

## Training Entity and Partners:
Early Childhood Training Institute at The Home for Little Wanderers

## Overview:
This workshop is designed to provide participants strategies for supporting young children who have experienced trauma. An overview of important definitions, types of trauma, and the prevalence of trauma will be included. Participants will develop an understanding of how trauma and toxic stress impact a young child’s ability to learn, specifically in regards to self-regulation and executive function. This workshop will expand knowledge on trauma-informed teaching practice, with an emphasis on the power of positive relationships and environments in fostering resiliency, facilitating learning, and preventing challenging behavior.

## Target Audience:
Early Childhood Educators

## Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Intervention

## Certification or Credit Offered:
N/A

## Location and Duration:
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## Contact Information:
Gretchen Hall, Training Institute Manager 857-263-0792
Supporting Self-Care Practices in Early Education Settings

Training Entity and Partners:
Early Childhood Training Institute at The Home for Little Wanderers

Overview:
This workshop is designed to give participants an understanding of different types of stress, sources of stress, compassion fatigue, vicarious trauma, and self care. Emphasis will be placed upon the sources of stress in early education work and settings and how these stresses impact teachers and staff, team-building capacity, and the learning potential of students. Participants will be given the opportunity to complete a self assessment of work-associated stress and will learn about strategies to support self care through mindfulness and self-compassion exercises. Participants will be given time to develop personal self-care plans, as well as promoting an environment of self-care in their early education settings.

Target Audience:
Early Childhood Educators and mental health clinicians

Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Intervention

Certification or Credit Offered:
N/A

Location and Duration:
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Contact Information:
Gretchen Hall, Training Institute Manager 857-263-0792
### Partnering with Families Impacted by Substance Abuse and Addiction

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<td>This workshop is designed to provide a forum to discuss the increasing number of families grappling with substance use and addiction while being served by early education programs. Statistics regarding prevalence, relevant terminology and definitions, and introductory information about various substances will be included. The impact of addiction on young children in the realms of medical diagnoses (e.g. Fetal Alcohol Syndrome, Neonatal Abstinence Syndrome), and social-emotional development, and how these might manifest in the classroom setting will also be explored. Throughout the workshop, empathy building and support for families will be emphasized via personal reflection of biases and the introduction of evidence-based strategies to promote engagement.</td>
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### Family Engagement

#### Training Entity and Partners:
Early Childhood Training Institute at The Home for Little Wanderers

#### Overview:
A workshop designed to support staff of early childhood centers in considering barriers they may face in engaging families, the possible reasons for these barriers, and how they can shift their approaches with families who present as difficult to engage. Emphasis will be placed on the importance of developing rapport and building relationships with the caregivers of all children in the center, and examining reactions staff may have when faced with families who are resistant to engagement. Participants will be encouraged to generate and reflect on what might get in the way for families and why it is important to build these collaborative relationships as part of best practices in the early childhood field.

#### Target Audience:
Early Childhood Educators and mental health clinicians

### Tiers of Support/Level of Training Intensity:
- Universal/Promotion --> Prevention

### Certification or Credit Offered:
N/A

### Location and Duration:
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- Can also schedule to make available to multiple programs – 2.5 hours

### Cost of Training to Participant:
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